

RANKING DEL 25 MILLORS DE TOTS ELS TEMPS (a l'aire lliure) (actualitzat a 31/12/23)

Record s. XX

Record S. XXI

MASCULÍ

| Rk | Vent | Marca | Nom | Lloc | Data |
|--------------------------|------------|--------------|-------------------------------|---------------------------|-------------------|
| 100 METRES LLISOS | | | | | |
| 1 | 1,5 | 10.55 | Jan Diaz Basullas (04) | Santa Coloma de G. | 15/07/2023 |
| 2 | | 10.85 | Jaume Pérez (77) | Barcelona SR | 26/06/2001 |
| 3 | 1.0 | 10.88 | Josep Maria Llanas Oriol (01) | Barcelona SE | 14/07/2019 |
| 4 | 2.0 | 10.96 | Albert Alvarez Lopez (89) | Logronyo | 22/06/2010 |
| 5 | -0,4 | 10.71 | f Isaias Artigas Medina | Pamplona | 04/06/2023 |
| 6 | | 11.03 | David Díaz (70) | | 1991 |
| 7 | 1.8 | 11.03 | Biel Salas Samsó (03) | Andorra | 21/05/2023 |
| 8 | | 10.8 | Lluís Ballús (53) | | 1974 |
| | | 10.8 | Maurici Rius (67) | | 1984 |
| | | 10.8 | Roger Roig (72) | | 1991 |
| | | 10.8 | Amadeu Pintó Ortega (65) | | 1991 |
| | | 10.8 | Aleix Estruch (76) | | 1995 |
| 13 | | 11.10 | Agustí Serra (71) | | 1990 |
| 14 | | 11.11 | Josep M. Targarona (56) | | 1980 |
| 15 | | 11.12 | Jordi Ballart (75) | Barcelona SR | 12/07/2003 |
| 16 | | 10.9 | Jaume Picassó (43) | | 1965 |
| | | 10.9 | Andreu Alsina (56) | | 1977 |
| | | 10.9 | Daniel Paz (70) | | 1989 |
| 19 | | 10.9 | Ricard Torres (73) | | 1994 |
| 20 | | 11.15 | Biel Cirujeda (06) | Santa Coloma de G. | 10/04/2022 |
| 21 | 1.3 | 11.16 | Pere Torra Vilafranca | Barcelona SE | 19/05/2021 |
| 22 | | 11.17 | Jordi Puig Sanz (76) | Vic | 31/03/2001 |
| 23 | 1.1 | 11.18 | Jordi Solernou Puig (94) | Barcelona SR | 24/04/2016 |
| 24 | 1.6 | 11.19 | Marc Sanjust Martinez (99) | Barcelona SR | 02/06/2018 |
| 25 | | 11.20 | Josep Puig Sanz (72) | | 1998 |
| 26 | 0.9 | 11.21 | Joel Llorente (86) | Igualada | 20/04/2008 |

200 METRES LLISOS

| | | | | | |
|----------|------|--------------|-------------------------------|---------------------|-------------|
| 1 | | 21.58 | Jaume Pérez (77) | Barcelona SR | 12/06/2002 |
| 2 | | 21.89 | David Díaz (70) | | 1991 |
| 3 | 2.0 | 21.96 | Biel Cirujeda Serra (06) | Sta. Coloma de G. | 27/05/2023 |
| 4 | 0.8 | 22.09 | Josep Maria Llanas Oriol (01) | Barcelona SE | 14/07/2019 |
| 5 | -0,1 | 22.11 | Albert Martinez Saura (93) | Barcelona SR | 06/06/2012 |
| 6 | | 21.9 | Amadeu Pintó Ortega (65) | | 1992 |
| 7 | 0.0 | 22.27 | Albert Babi Oller (92) | EIPrat Ll. | 14/06/2009 |
| 8 | -2,2 | 22.44 | Jan Diaz Basullas | Granollers | 05/06/2021 |
| 9 | | 22.2 | Josep M. Targarona (56) | | 1982 |

| | | | | | |
|----|------|-------|----------------------------|---------------|------------|
| 10 | 1.8 | 22.50 | Joel Llorente (86) | Barcelona SR | 24/05/2008 |
| 11 | 1.5 | 22.58 | Arnau Roig Bosom | Lymassol(CYP) | 20/06/2021 |
| 12 | | 22.3 | Maurici Rius (67) | | 1985 |
| 13 | | 22.62 | Carles Fernández (69) | | 1990 |
| 14 | | 22.63 | Jordi Puig Sanz (76) | Barcelona SR | 20/06/2001 |
| 15 | | 22.4 | Andreu Alsina (56) | | 1975 |
| | | 22.4 | Roger Torras (70) | | 1989 |
| | | 22.4 | Agustí Serra (71) | | 1990 |
| 18 | 1.5 | 22.65 | Marc Sanjust Martinez (99) | Barcelona SR | 02/06/2018 |
| 19 | | 22.5 | Lluís Ballús (53) | | 1975 |
| 20 | | 22.74 | Francesc X. Crespo (73) | | 1990 |
| 21 | | 22.77 | Josep Puig Sanz (72) | | 1999 |
| 22 | 2.0 | 22.86 | Hector Martin Glez (98) | Serrahima | 09/07/2014 |
| 23 | | 22.7 | Joaquim Falcó (58) | | 1975 |
| | | 22.7 | Pau Osorno (67) | | 1985 |
| 25 | 1.1 | 22.96 | Arnau Rovira (98) | Barcelona SE | 05/05/2013 |
| | -1,4 | 22.96 | Pere Torra (00) | Barcelona SE | 18/06/2016 |

400 METRES LLISOS

| | | | | |
|----------|--------------|---------------------------------|----------------------|-------------|
| 1 | 47.85 | Jaume Pérez (77) | Igualada | 30/06/2002 |
| 2 | 48.34 | Amadeu Pintó Ortega (65) | | 1998 |
| 3 | 48.68 | Albert Martinez Saura (93) | Castellar V. | 03/07/2012 |
| 4 | 48.91 | Oriol Verges Pizarro (04) | L'Hospitalet de Ll. | 08/07/2023 |
| 5 | 48.92 | David Perez Bruque (05) | Barcelona SE | 11/05/2022 |
| 6 | 49.41 | Biel Cirujeda Serra (06) | Cornellà | 30/04/2023 |
| 7 | 49.42 | Albert Babí Oller (92) | Motril | 21/06/2009 |
| 8 | 49.46 | Aitor Sala Martinez (79) | | 2000 |
| 9 | 49.4 | Genís Martínez (51) | | 1974 |
| 10 | 49.58 | Carles Fernández (69) | | 1990 |
| 11 | 49.72 | Arnau Rovira Codina (98) | Ciudad Real | 27/06/2015 |
| 12 | 49.6 | Joaquim Falcó (58) | | 1975 |
| 13 | 49.78 | David Díaz (70) | | 1990 |
| 14 | 49.91 | Pau Osorno (67) | | 1986 |
| | 49.91 | Jordi Altés (82) | Barcelona SR | 02/07/2003 |
| 16 | 50.16 | Marc Mendoza Guerrero (04) | Gava | 29/07/2020 |
| 17 | 50.0 | Joan Carreras (47) | | 1969 |
| 18 | 50.27 | Marc Valero Cano (92) | Barcelona SR | 19/06/2013 |
| 19 | 50.30 | Joel González Gracia (80) | Granollers | 23/06/2001 |
| 20 | 50.3 | Roger Torras (70) | | 1988 |
| 21 | 50.48 | James Etah Agbor (76) | El Prat de Llobregat | 02/05/2010 |
| 22 | 50.4 | Isaac González Gracia (78) | | 1998 |
| 23 | 50.5 | Maurici Rius (67) | | 1984 |
| 24 | 50.6 | Andreu Alsina (56) | | 1975 |
| 25 | 50.7 | Joan C. Batanés (68) | | 1985 |
| | 50.7 | Marc Vallbona Vilellas (78) | | 1998 |
| | 50.7 | Jordi Bover (78) | | 1998 |

800 METRES LLISOS

| | | | | |
|----------|----------------|----------------------------------|---------------------|-------------------|
| 1 | 1.51.6 | Josep Perramon Puig (41) | Barcelona MO | 1962 |
| | 1.51.6 | Sancho Ayala Abad (67) | Lloret de Mar | 1989 |
| 3 | 1.52.1 | Jordi Anglarill Ruiz (71) | | 1992 |
| 4 | 1.52.7 | Llorenç Bonet Dalmau (65) | | 1988 |
| 5 | 1.53.12 | Abel Àvila Rodriguez (77) | Atenes | 27/09/2004 |
| 6 | 1.53.2 | Joan Carreras (47) | | 1969 |
| 7 | 1.53.3 | Joan Lleonart Montaña (62) | | 1984 |
| 8 | 1.53.47 | Carles Cort Puig (94) | Mataró | 18/05/2022 |
| 9 | 1.53.4 | Ivo Clotet Nyffenegger (67) | | 1989 |
| 10 | 1.54.34 | Joel González Gracia (80) | Mataró | 04/07/2001 |
| 11 | 1.54.38 | Guillem Pallejà Quintana (80) | | 2000 |
| 12 | 1.54.4 | Isaac González Gracia (78) | | 1996 |
| 13 | 1.54.50 | Aleix Comas Vives (81) | Manresa | 11/07/2001 |
| 14 | 1.54.55 | Ignasi Àvila Rodriguez (79) | Barcelona SR | 01/06/2008 |
| 15 | 1.54.6 | Genís Martínez (51) | | 1977 |
| | 1.54.6 | David Puertas Carbonell (71) | | 1992 |
| 17 | 1.54.8 | Jordi Roy (58) | | 1983 |
| 18 | 1.54.9 | Jaume Olivé (49) | | 1978 |
| 19 | 1.54.92 | Oussama Chouati (94) | Newport News (USA) | 20/04/2018 |
| 20 | 1.55.1 | Pau Osorno (67) | | 1986 |
| 21 | 1.55.26 | Amadeu Pintó Ortega (65) | | 1997 |
| | 1.55.26 | Abdelkabar Zaroual (90) | Mataró | 12/06/2007 |
| 23 | 1.55.47 | Abel Casalí Carvajal (90) | Sabadell | 08/07/2021 |
| 24 | 1.55.4 | Joan Figuerola | Barcelona MO | 18/07/1954 |
| 25 | 1.55.5 | Xavier Furió Gali (62) | | 1983 |
| | 1.55.5 | Oriol Sellares Martinez (87) | Valls | 04/07/2009 |

1500 METRES LLISOS

| | | | | |
|----------|----------------|------------------------------------|---------------------|-------------------|
| 1 | 3.44.6 | Ivo Clotet Nyffenegger (67) | | 1989 |
| 2 | 3.46.2 | Llorenç Bonet Dalmau (88) | | 1988 |
| 3 | 3.47.5 | Sancho Ayala Abad (67) | | 1989 |
| 4 | 3.49.3 | Albert Casals (70) | | 1991 |
| 5 | 3.49.67 | Toni Baños Tor (00) | Cincinnati (USA) | 02/04/2021 |
| 6 | 3.50.18 | Abel Àvila Rodriguez (77) | Barcelona MO | 10/06/2006 |
| 7 | 3.50.7 | Joan Lleonart Montaña (62) | | 1988 |
| 8 | 3.51.6 | David Puertas Carbonell (71) | | 1992 |
| 9 | 3.52.05 | Abel Casalí Carvajal (90) | Barcelona SR | 30/05/2018 |
| 10 | 3.52.4 | Joan Carreras (47) | | 1969 |
| 11 | 3.53.1 | Moisès Díaz (61) | | 1988 |
| 12 | 3.53.7 | Jordi Anglarill Ruiz (71) | | 1990 |
| 13 | 3.54.0 | Edgar Ester Ribera (73) | | 1991 |
| 14 | 3.54.5 | Josep Perramon Puig (41) | | 1964 |
| 15 | 3.54.5 | Francesc Soler Escamez (64) | | 1989 |
| 16 | 3.54.96 | Guillem Fernández Bruch (85) | Barcelona SR | 01/06/2008 |
| 17 | 3.55.07 | Jan Bayona Olivé (02) | Raleigh (USA) | 24/03/2022 |
| 18 | 3.55.31 | Ignasi Avila Rodriguez (79) | Barcelona SR | 17/05/2012 |

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|----|---------|--------------------------|--------------|------------|
| 19 | 3.55.66 | Jordi Toda Vericat (77) | Gavà | 10/06/2001 |
| 20 | 3.56.23 | Oussama Chouati (94) | Barcelona SR | 05/06/2013 |
| 21 | 3.56.7 | Josep M. Rosselló (69) | | 1992 |
| 22 | 3.56.9 | Alex Quer (55) | | 1984 |
| 23 | 3.57.0 | Albert Vilardaga (52) | | 1981 |
| 24 | 3.57.4 | Genís Martínez (51) | | 1977 |
| 25 | 3.57.4 | Juan C. Traspaderne (56) | | 1978 |

5000 METRES LLISOS

| | | | | |
|----------|-----------------|-------------------------------|------------------|-------------------|
| 1 | 13.53.49 | José Rios (74) | Mataró | 07/07/2010 |
| 2 | 14.15.8 | Albert Casals (70) | | 1991 |
| 3 | 14.20.19 | Jan Bayona Olivé (02) | Manchester (GBR) | 27/05/2023 |
| 4 | 14.20.8 | Francesc Soler Escamez (64) | | 1988 |
| 5 | 14.21.58 | Josep Maria Rosselló(69) | | 1992 |
| 6 | 14.25.28 | Abel Casalí Carvajal (90) | Oordegem (BEL) | 28/05/2022 |
| 7 | 14.28.1 | Moisés Díaz (61) | | 1988 |
| 8 | 14.29.5 | Ivo Clotet Nyffenegger (67) | | 1989 |
| 9 | 14.33.1 | Albert Viladaga (52) | | 1980 |
| 10 | 14.37.52 | Toni Baños Tor (00) | Tampa (USA) | 16/05/2021 |
| 11 | 14.39.41 | Edgar Ester Ribera (73) | | 1993 |
| 12 | 14.41.42 | David Martinez Lujan (86) | Palafrugell | 31/05/2014 |
| 13 | 14.43.4 | Juan C. Traspaderne (56) | | 1978 |
| 14 | 14.47.9 | El Bennadi Abdellah (70) | | 1987 |
| 15 | 14.49.1 | Llorenç Bonet Dalmau (65) | | 1990 |
| 16 | 14.51.20 | Ignacio Avila Rodriguez (79) | | 2010 |
| 17 | 14.50.1 | Sancho Ayala Abad (67) | | 1986 |
| 18 | 14.51.70 | Abel Àvila Rodriguez (77) | Mataró | 15/02/2004 |
| 19 | 14.53.60 | Oussama Chouati (94) | Serrahima | 11/06/2014 |
| 20 | 14.56.0 | Joaquim Llobet Peiro (56) | | 1978 |
| 22 | 14.57.4 | Joan Carreras (47) | | 1966 |
| 23 | 15.03.0 | Josep Oriol Olivé (50) | | 1968 |
| 24 | 15.03.92 | Guillem Pallejà Quintana (80) | | 2000 |
| 25 | 15.04.60 | Otmane Benomar (86) | Manresa | 17/03/2012 |
| 25 | 15.09.0 | Lluís Travé (56) | | 1977 |

10.000 METRES LLISOS

| | | | | |
|----------|----------------|------------------------------------|------------------|-------------------|
| 1 | 28.42r | José Rios Ortega (74) | Barcelona | 31/12/2008 |
| 2 | 30.03.1 | Francesc Soler Escamez (64) | | 1988 |
| 3 | 30.03r | Abel Casalí Carvajal (90) | Laredo | 19/03/2022 |
| 4 | 30.07.7 | Juan C. Traspaderne (56) | | 1978 |
| 5 | 30.08.03 | Josep Maria Rosselló(69) | | 1992 |
| 6 | 30.20r | David Martinez Lujan (86) | Barcelona | 31/12/2016 |
| 7 | 30.23.59 | Moisés Díaz (61) | | 1989 |
| 8 | 30.35.3 | Albert Vilardaga (52) | | 1981 |
| 9 | 30.37.88 | Abel Avila Rodriguez (77) | Manresa | 13/03/2010 |
| 10 | 30.46.97 | Ignasi Avila Rodriguez (79) | Manresa | 13/03/2010 |

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|----|----------|-------------------------------|-----------------|------------|
| 11 | 30.53.93 | Jan Bayona Olivé (02) | Cleveland (USA) | 09/04/2021 |
| 12 | 31.00r | Just Sociats (78) | Barcelona | 31/12/2008 |
| 13 | 31.06.4 | Joaquim Llobet Peiro (56) | | 1978 |
| 14 | 31.08.6 | Josep Oriol Olivé (50) | | 1969 |
| 15 | 31.12r | Otmane Benomar (86) | Barcelona | 22/01/2012 |
| 16 | 31.22.6 | Sancho Ayala Abad (67) | | 1967 |
| 17 | 31.27.8 | Guillem Pallejà Quintana (80) | | 2000 |
| 18 | 31.28.0 | Llorenç Bonet Dalmau (65) | | 1987 |
| 19 | 31.29.0 | El Bennadi Abdellah (70) | | 1989 |
| 20 | 31.36.8 | Josep Perramon Puig (41) | | 1981 |
| 21 | 31.38r | Khalid Kharbouch (92) | Barcelona | 31/12/2019 |
| 22 | 31.38.5 | Edgar Ester Ribera (73) | | 1994 |
| 23 | 31.39.75 | Albert Baronet Nogué (97) | Huelva | 08/04/2017 |
| 24 | 31.46.63 | Oussama Chouati (94) | Annapolis (USA) | 26/03/2016 |
| 25 | 31.54r | Sergi Rodriguez (73) | Barcelona | 23/01/2011 |

MARATÓ (42,195 kms)

| | | | | |
|----------|----------------|--------------------------------------|---------------------|-------------------|
| 1 | 2.10.36 | José Rios Ortega (74) | Otsu(Japó) | 01/03/2009 |
| 2 | 2.22.45 | David Martinez Lujan (86) | Valencia | 15/11/2015 |
| 3 | 2.23.25 | Just Sociats Asensio (78) | Barcelona | 17/02/2013 |
| 4 | 2.25.00 | Sergi Rodriguez Jimenez (73) | Sevilla | 22/02/2009 |
| 5 | 2.26.17 | Francesc Soler Escamez (64) | | 1995 |
| 6 | 2.26.40 | Albert Vilardaga (52) | Saint Ciprien (FRA) | 03/05/1992 |
| 7 | 2.27.54 | Josep Perramon Puig (41) | Barcelona | 13/03/1983 |
| 8 | 2.28.24 | Adrià Jiménez (85) | Sevilla | 19/02/2023 |
| 9 | 2.28.31 | Manel Deli Andujar (74) | Sevilla | 25/02/2018 |
| 10 | 2.29.19 | Abel Casalí (90) | Sevilla | 19/02/2023 |
| 11 | 2.29.59 | Gerard Olivares Codina (72) | Sevilla | 25/02/2018 |
| 12 | 2.30.18 | Xavier Aguado (59) | | 1986 |
| 13 | 2.30.43 | Sylvain Phillipe Laurent Quevre (85) | Sevilla | 23/02/2014 |
| 14 | 2.31.06 | Joan Lleonart Montaña (62) | Sant Sebastià | 11/06/1905 |
| 15 | 2.31.10 | Miquel Àngel Martínez (78) | Valencia | 03/12/2023 |
| 16 | 2.32.08 | Ramón Camps Quesada (65) | Sevilla | 13/02/2011 |
| 17 | 2.32.09 | Manel Sánchez Gómez(77) | Valencia | 03/12/2023 |
| 18 | 2.32.28 | Llorenç Bonet Dalmau (65) | | 1993 |
| 19 | 2.32.46 | Alex Quer (55) | | 1985 |
| 20 | 2.33.20 | Oscar Serra (87) | Sevilla | 19/02/2023 |
| 21 | 2.33.40 | Miquel Riera (70) | | 1999 |
| 22 | 2.34.00 | Pascual Cuenca (67) | | 1999 |
| 23 | 2.34.56 | Josep Comas (49) | | 1985 |
| 24 | 2.35.51 | Quico Linares | Sevilla | 13/02/2011 |
| 25 | 2.37.04 | Alfons Esquius Miquel (61) | Sevilla | 13/02/2011 |

110 METRES TANQUES (1,067m)

| | | | | |
|----------|------------------|------------------------------|---------------------------|-------------------|
| 1 | 1,4 14.18 | Biel Salas Samsó (03) | Edwardsville (USA) | 13/05/2023 |
| 2 | 15.23 | Jordi Pintado (75) | Mataró | 12/07/1995 |

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|----|------------|-------------------------------|--------------------|------------|
| 3 | 15.33 | Biel Díaz (03) | Cornellà | 30/04/2023 |
| 4 | 15.49 | Joan Garrido Paris (68) | Barcelona SR | 09/07/1989 |
| | 15.49 | Roger Torras (70) | Palafrugell | 19/06/1994 |
| 6 | 15.63 | Ferran Cònsul (53) | Barcelona SR | 15/06/1980 |
| 7 | 15.65 | Joel Paz (71) | | 1990 |
| 8 | 1,0 15.68 | Albert Alvarez Lopez (89) | Saragossa | 08/06/2008 |
| 9 | 15.72 | Marc Valero Cano (93) | Manresa | 12/05/2001 |
| 10 | 15.5 | Joan Busquets (34) | La Corunya | 25/06/1960 |
| 11 | 15.5 | Daniel Paz (70) | | 1990 |
| 12 | 0,1 15.91 | Benito Sintes Montserrat (96) | Palafrugell | 31/05/2014 |
| 13 | 15.7 | Josep M. Selga (49) | | 1968 |
| 14 | 15.96 | Ricard Clemente Marti (94) | Santa Coloma de G. | 10/04/2022 |
| 15 | 15.8 | Oriol Tarragó (70) | | 1991 |
| 16 | 16.0 | Antoni Cots (61) | | 1981 |
| 17 | -0,7 16.24 | Gerard Llimós Aubach (92) | Castellar V. | 22/04/2012 |
| 18 | 16.34 | Sergi Martínez Molina (80) | | 1997 |
| 19 | 16.64 | Sergi Calvo Torralba (85) | Vic | 19/05/2002 |
| 20 | 16.4 | Josep M ^a Paz (42) | | 1962 |
| 21 | 16.9 | F. Xavier Obradors (56) | | 1975 |
| | 16.9 | Antoni Fernández (67) | | 1985 |
| 23 | 17.0 | Josep A. Torralba (47) | | 1965 |
| 24 | 17.1 | Salvador Gascón | | 1979 |
| | 17.1 | Carles Pastor Garcia (63) | | 1985 |

400 METRES TANQUES (0,914M)

| | | | | |
|----------|--------------|------------------------------|---------------|-------------------|
| 1 | 52.52 | Marc Valero Cano (93) | Mataró | 30/06/2013 |
| 2 | 53.05 | Jordi Altés (82) | Manresa | 19/07/2005 |
| 3 | 54.26 | Toni Fernández (67) | Madrid | 29/06/1986 |
| 4 | 54.35 | Roger Torras Planas (70) | | 1991 |
| 5 | 54.58 | David Perez Bruqué (05) | Tarragona | 03/04/2022 |
| 6 | 55.0 | Carles Peig Rebordosa (61) | | 1988 |
| 7 | 55.3 | Josep M. Selga (49) | Oviedo | 11/08/1968 |
| 8 | 56.0 | Carles Pastor Garcia (63) | | 1983 |
| 9 | 56.5 | Josep M. Gil Albero (64) | | 1987 |
| 10 | 56.84 | Jan Pol Catot Muncunill (06) | Pamplona | 04/06/2023 |
| 11 | 56.8 | Ferran Cònsul (53) | | 1977 |
| 12 | 57.13 | Gerard Llimós Aubach (92) | Palafrugell | 10/04/2011 |
| 13 | 57.0 | Joan Busquets (34) | Barcelona | 25/07/1961 |
| 14 | 57.23 | Marti Ambrós Casas (98) | Castelló | 02/07/2016 |
| 15 | 57.1 | Alex Quer (55) | | 1985 |
| 16 | 57.52 | Jordi Anglarill Ruiz (71) | | 1992 |
| 17 | 58.12 | Jaume Pérez Sanchez (77) | Lleida | 21/04/2002 |
| 18 | 58.0 | Josep Leiva (68) | | 1993 |
| 19 | 58.6 | Joan Salvans (41) | | 1965 |
| 20 | 58.75 | Biel Salas Samsó (03) | Barcelona SE | 11/04/2021 |
| 21 | 58.96 | Biel Diaz Basullas (03) | Barcelona SE | 20/06/2021 |
| 22 | 58.8 | Andreu Alsina (56) | | 1975 |
| 23 | 58.8 | Antoni Cots (61) | | 1984 |

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|----|------|---------------------------|--|------|
| 24 | 58.9 | Llorenç Bonet Dalmau (65) | | 1985 |
| 25 | 59.1 | Eladi Serrano (61) | | 1978 |

3000 METRES OBSTACLES

| | | | | |
|----------|----------------|---------------------------------|------------------------|-------------------|
| 1 | 8.42.32 | Albert Casals Barat (70) | Guetxo | 29/06/1991 |
| 2 | 8.43.23 | Llorenç Bonet Dalmau (65) | Jerez | 10/08/1990 |
| 3 | 8.44.62 | Francesc Soler Escamez (64) | Barcelona SR | 13/07/1988 |
| 4 | 8.45.40 | Ivo Clotet Nyffenegger (67) | | 1990 |
| 5 | 8.54.94 | Oussama Chouati (94) | Princeton (USA) | 13/05/2016 |
| | 8.55.37 | Toni Baños Tor (00) | Knoxville (USA) | 09/04/2021 |
| 6 | 9.02.2 | Alex Quer (55) | | 1985 |
| 7 | 9.09.4 | Lluís Travé (56) | Granollers | 25/07/1977 |
| 8 | 9.11.5 | Joan Lleonart Montaña (62) | | 1988 |
| 10 | 9.14.5 | Albert Vilardaga (52) | | 1981 |
| 11 | 9.21.91 | Miquel Riera (70) | | 1995 |
| 12 | 9.24.97 | Just Sociats Asensio (78) | El Prat de Llobregat | 02/05/2010 |
| 13 | 9.32.4 | Josep O. Olivé (50) | Terrassa | 28/06/1969 |
| 14 | 9.37.6 | Joan Carreras (47) | Sabadell | 23/04/1967 |
| 15 | 9.43.1 | Josep Perramon Puig (41) | | 1982 |
| 16 | 9.43.88 | Ignasi Vilajosana Puig (81) | Olot | 30/11/2003 |
| 17 | 9.44.76 | Josep Llordella | | 1987 |
| 18 | 9.45.64 | Oriol Sellares Martinez (87) | Palafrugell | 31/05/2014 |
| 19 | 9.48.8 | Alain Jorda (56) | | 1975 |
| 20 | 9.49.36 | Sergi Rodríguez Jimenez (73) | Manresa | 18/05/2008 |
| 21 | 9.50.20 | Miqui Riera Blesa (03) | Barcelona SE | 01/05/2019 |
| 22 | 9.54.82 | Arnau Lopez Mazorriaga (99) | Lloret Mar | 03/06/2017 |
| 23 | 9.56.0 | Joan Salvans (41) | La Corunya | 11/08/1963 |
| 24 | 9.56.6 | Miquel Riba (52) | | 1972 |
| 25 | 9.56.8 | Jaume Olivé (49) | | 1974 |

10 QUILOMETRES MARXA

| | | | | |
|----------|----------------|------------------------------------|-------------------|-------------------|
| 1 | 45.46r | Cristian Curopos Costa (94) | Murcia | 03/03/2013 |
| 2 | 46.14.8 | Bernard José Mora (63) | Granollers | 26/04/1992 |
| 3 | 46.54.2 | Enric Villaplana (14) | Barcelona | 13/01/1943 |
| 4 | 50.32.4 | Guillem Pérez Alfranca (83) | Barcelona CD | 23/04/2005 |
| 5 | 50.57.4 | Francesc Garriga (62) | | 1981 |
| 6 | 51.08.6 | Josep L. García (64) | | 1981 |
| 7 | 51.12.0 | Jordi Guiral Gutierrez (66) | Sant Celoni | 26/02/2006 |
| 8 | 51.34r | David Cervelló Español (77) | Getafe | 15/12/2013 |
| 9 | 52.47.4 | Enric Garriga (56) | | 1975 |
| 10 | 56.47.5 | Francesc Ribalta (63) | | 1979 |
| 11 | 57.47.6 | Joan Sales (42) | | 1964 |
| 12 | 57.51.4 | Josep M. Galdón (74) | | 1990 |
| 13 | 59.20.0 | Alfons Olivé (53) | | 1973 |
| 14 | 59.28.76 | Joan Ramon Prieto (65) | | 1990 |
| 15 | 1.02.12.0 | Lluís Cabot | | 1972 |

| | | | | |
|----|------------|------------------------------|--------------|------------|
| 16 | 1.02.31.0 | Ignasi Subirana | | 1954 |
| 17 | 1.02.55.03 | David Puertas Carbonell (71) | | 1988 |
| 18 | 1.03.59.5 | Eduard Mata (73) | | 1989 |
| 19 | 1.04.05.60 | Manel Molera Barrabes (56) | Barcelona CD | 21/03/2009 |
| 20 | 1.05.29.0 | Josep Bassas | | 1963 |
| 21 | 1.05.46.0 | Josep Mas (48) | Terrassa | 02/06/1968 |

SALT D'ALÇADA

| | | | | |
|----------|-------------|----------------------------------|---------------------|-------------------|
| 1 | 2,01 | Joan Garrido Paris (68) | Manresa | 16/06/1990 |
| 2 | 2,00 | Martí Perarnau (55) | | 1987 |
| 3 | 1,97 | Ricard Clemente Marti (94) | Lleida | 09/04/2017 |
| 4 | 1,95 | Salvador Amella (70) | | 1991 |
| | 1,95 | Daniel Ariza (73) | | 1994 |
| 6 | 1,93 | Antoni Guaras (59) | Mataró | 30/09/1979 |
| | 1,93 | Albert Alvarez Lopez (89) | Barcelona SR | 13/05/2006 |
| 8 | 1,92 | Oriol Tarragó (70) | | 1988 |
| 9 | 1,91 | Aleix Güell Maraver (96) | Mataró | 25/04/2015 |
| 10 | 1,90 | Pol Vila Vilaseca (99) | Serrahima | 31/05/2015 |
| 11 | 1,85 | Roger Torras Planas (70) | | 1987 |
| | 1,85 | Sergi Martínez Molina (80) | | 1997 |
| | 1,85 | Albert Marsinyach Sangra (84) | Castellar del V. | 07/05/2006 |
| 14 | 1,83 | Marcial Gómez (76) | | 1993 |
| 15 | 1,82 | Daniel Paz (70) | | 1986 |
| 16 | 1,82 | Andreu Reig Lladó (93) | Granollers | 15/04/2012 |
| 17 | 1,81 | August Fernández (68) | | 1985 |
| 18 | 1,80 | Joan Busquets (34) | Palència | 16/09/1955 |
| | 1,80 | Josep M. Selga (49) | Manresa | 15/09/1968 |
| | 1,80 | Francesc Azorín (63) | | 1981 |
| | 1,80 | Àngel L. García Jerez (55) | | 1991 |
| | 1,80 | Albert Babí Oller (92) | Barcelona SR | 15/09/2007 |
| 23 | 1,79 | Jordi Riba (71) | | 1986 |
| 24 | 1,78 | Carles Peig Rebordosa (61) | | 1983 |
| | 1,78 | Gustau Vilellas Rosich (76) | | 1996 |
| | 1,78 | Eric Molina Gomez (02) | Barcelona SR | 28/04/2018 |

SALT AMB PERXA

| | | | | |
|----------|-------------|------------------------------------|---------------------|-------------------|
| 1 | 5,15 | Martí Serra Prat (05) | Soria | 22/07/2023 |
| 2 | 5,10 | Ricard Clemente Marti (94) | Saragossa-CAD | 27/05/2017 |
| 3 | 4,80 | Gustau Vilellas Rosich (76) | Barcelona SR | 04/07/1999 |
| 4 | 4,70 | Albert Alvarez Lopez (89) | Calvià | 04/07/2010 |
| 5 | 4,60 | Jordi Lladó Abella (68) | Vic | 20/05/1990 |
| 6 | 4,31 | Oriol Tarragó (70) | | 1991 |
| 7 | 4,20 | Joan Garrido Paris (68) | | 1993 |
| 8 | 3,95 | Gerard Laymon Vilaró (96) | El Prat Llobregat | 02/05/2015 |
| 9 | 3,90 | Miquel A. Esteban (68) | | 1987 |
| 10 | 3,80 | Sergi Martínez Molina (80) | | 1997 |

| | | | | |
|----|------|-----------------------------|--------------|------------|
| 11 | 3,70 | Daniel Ariza (94) | | 1994 |
| | 3,70 | Albert Babí Oller (92) | Barcelona CD | 22/12/2006 |
| | 3,70 | Pol Vila Vilaseca (99) | Serrahima | 31/05/2015 |
| | 3,70 | Joan Lladó Real (06) | Lleida | 27/06/2021 |
| 15 | 3,65 | Albert Obradors Caro (00) | Manresa | 27/04/2016 |
| 16 | 3,60 | Salvador Amella (70) | | 1987 |
| | 3,60 | Sergi Calvo Torralba (85) | Barcelona SR | 11/05/2003 |
| 18 | 3,55 | Josep M. Gil Albero (64) | Sant Celoni | 13/03/1983 |
| 19 | 3,50 | Jordi Porta (49) | Oviedo | 04/08/1968 |
| | 3,50 | Feliu Noguera Carrillo (63) | | 1985 |
| | 3,50 | Gabriel Díaz (72) | | 1989 |
| | 3,50 | Daniel Revilla (73) | | 1989 |
| | 3,50 | Arnald Puy (83) | | 1998 |
| 24 | 3,40 | Lluís Ballús (53) | | 1976 |
| | 3,40 | Sergi Garcia Magrans (03) | Palafrugell | 28/12/2019 |

SALT DE LLARGADA

| | | | | | |
|----------|-------------|-------------|-------------------------------|----------------------|-------------------|
| 1 | -0,5 | 7,32 | Jan Diaz Basullas (94) | Soria | 22/07/2023 |
| 2 | 1,2 | 7,07 | Ricard Clemente Marti (94) | Murcia | 07/05/2016 |
| 3 | | 7,06 | Josep A. Torralba (47) | Barcelona UNI | 21/04/1968 |
| 4 | | 7,02 | Carles Fernández (69) | | 1992 |
| 5 | | 6,94 | Francesc Azorín (63) | | 1981 |
| | | 6,94 | Daniel Ariza (73) | | 1994 |
| 7 | | 6,93 | Ricard Torres (73) | | 1993 |
| 8 | | 6,91 | Joan Garrido Paris (68) | | 1986 |
| 9 | | 6,87 | Kiriam Pérez (78) | Barcelona SR | 20/06/2004 |
| 10 | | 6,85 | Josep Clotet | Barcelona MO | 05/05/1960 |
| 11 | | 6,80 | Salvador Amella (70) | | 1988 |
| 12 | | 6,77 | Albert Alvarez Lopez (89) | Manresa | 2008 |
| | 1,3 | 6,77 | Eric Molina Gomez (02) | Barcelona SR | 02/06/2018 |
| 14 | | 6,68 | Josep M. Marcos (48) | | 1969 |
| | 1,1 | 6,68 | Pol Vila Vilaseca (99) | Serrahima | 31/05/2015 |
| 16 | 1,4 | 6,64 | Marti Sugrañes Grané (97) | Serrahima | 24/04/2016 |
| 17 | | 6,62 | Lluís Ballús (53) | | 1974 |
| 18 | | 6,61 | Enric San Nicolàs (29) | Manresa | 01/04/1953 |
| 19 | | 6,55 | Oriol Tarragó (70) | | 1990 |
| 20 | | 6,52 | Daniel Galindo (56) | | 1972 |
| 21 | 1,7 | 6,51 | Martí Rodriguez Valdes (06) | Barcelona SE | 13/05/2023 |
| 22 | | 6,49 | Jesús Pascual (55) | | 1974 |
| | | 6,49 | Carles Pastor Garcia (63) | | 1985 |
| | | 6,49 | Vicenç Torras (92) | Castellar del Valles | 05/06/2010 |
| 25 | | 6,48 | Joan Busquets (34) | | 1964 |

TRIPLE SALT

| | | | | |
|----------|--------------|--------------------------------|------------|-------------------|
| 1 | 14,53 | Joan Garrido Paris (68) | Vic | 20/05/1990 |
|----------|--------------|--------------------------------|------------|-------------------|

| | | | | | |
|----------|------|--------------|----------------------------------|----------------------|-------------------|
| 2 | | 14,29 | Francesc Azorín (63) | Granollers | 12/07/1981 |
| 3 | 1,7 | 13,87 | Marti Sugrañes Grané (97) | Lloret de Mar | 20/06/2015 |
| 4 | | 13,85 | Daniel Galindo (56) | Barcelona UNI | 29/05/1975 |
| 5 | | 13,82 | Aleix Estruch (76) | | 1994 |
| 6 | | 13,72 | Enric Sannicolàs (29) | Sant Sebastià | 26/07/1953 |
| 7 | 0 | 13,68 | Gerard Acin Sala (93) | Pamplona | 04/06/2023 |
| 8 | | 13,66 | Joan Jorge (57) | | 1976 |
| 9 | | 13,63 | Jesús Pascual (55) | | 1975 |
| 10 | | 13,62 | Daniel Ariza (73) | | 1994 |
| 11 | | 13,55 | Josep A. Torralba (47) | | 1967 |
| 12 | | 13,47 | Antoni Fernández (61) | | 1979 |
| 13 | 0,5 | 13,40 | Joan Homs Selga (06) | Barcelona SE | 09/05/2021 |
| 14 | | 13,39 | Ricard Torres (73) | | 1994 |
| 15 | | 13,36 | Carles Pastor Garcia (63) | | 1985 |
| 16 | | 13,22 | Josep Torras (63) | | 1987 |
| 17 | | 13,21 | Eduard Puig (67) | | 1984 |
| 18 | | 13,20 | Josep Planas | Manresa PUJ | 01/10/1943 |
| 19 | | 13,17 | Jordi Pierola Laimon (68) | | 1992 |
| 20 | | 13,13 | Manuel Martín (27) | | 1966 |
| 21 | | 13,10 | Salvador Amella (70) | | 1988 |
| 22 | -0,3 | 12,98 | Gerard Mesas Herranz (00) | Valladolid | 11/07/2015 |
| 23 | 1,9 | 12,97 | Vicenç Torras Giralt (92) | Manresa | 24/06/2009 |
| 24 | | 12,85 | Àngel Prat | | 1965 |
| 25 | | 12,85 | Lluís Ballús (53) | | 1972 |

LLANÇAMENT DE PES (7,260 kg)

| | | | | | |
|----------|--|--------------|-----------------------------------|----------------------------|-------------------|
| 1 | | 14,75 | Sergi Cabezón Ortas (97) | L'Hospitalet de LI. | 09/07/2023 |
| 2 | | 14,14 | Àngel L. García Jerez (55) | Granollers | 19/05/1991 |
| 3 | | 13,19 | Josep Oliveras (31) | Mataró | 17/09/1961 |
| 4 | | 12,99 | Angel Salzer Palomo (68) | Osca | 07/06/2009 |
| 5 | | 12,65 | Albert Alvarez Lopez (89) | BarcelonaSE | 09/05/2009 |
| 6 | | 12,41 | Màxim Sanz (72) | | 1993 |
| 7 | | 12,16 | Miquel Cànovas (55) | | 1977 |
| 8 | | 12,01 | Ramon Estapiña (47) | | 1967 |
| 9 | | 11,94 | Albert Carrascosa (68) | | 1988 |
| | | 11,94 | Oriol Tarragó (70) | | 1991 |
| 11 | | 11,86 | Antoni Sánchez (56) | | 1978 |
| 12 | | 11,80 | Manuel Correro | Manresa PUJ | 12/03/1950 |
| 13 | | 11,70 | Francesc Isanta (56) | | 1983 |
| 14 | | 11,68 | Joaquim Noguero (64) | | 1986 |
| 15 | | 11,64 | Enric San Nicolàs (29) | | 1954 |
| 16 | | 11,58 | Pau Santanach Pintor (02) | Manresa | 28/05/2023 |
| 17 | | 11,32 | Yassin El Ouamari (01) | Gavà | 17/10/2021 |
| 18 | | 11,31 | Joan Call (70) | | 1988 |
| 19 | | 11,24 | Ricard Torras (25) | | 1960 |
| 20 | | 11,23 | Jordi Porta (49) | | 1967 |
| 21 | | 11,21 | Sergi Calvo Torralba (85) | Castellar del V. | 07/05/2006 |
| 22 | | 11,21 | Victor Sabariego Saez (96) | Lleida | 17/04/2016 |

| | | | | |
|----|-------|----------------------------|--|------|
| 23 | 11,20 | Sergi Martínez Molina (80) | | 1999 |
| 24 | 11,12 | Antoni Català | | 1954 |
| 25 | 11,08 | Joan Garrido Paris (68) | | 1997 |

LLANÇAMENT DE DISC (2 kg)

| | | | | |
|----------|--------------|-----------------------------|--------------------|-------------------|
| 1 | 42,84 | Francesc Isanta (56) | Manresa | 25/08/1977 |
| 2 | 40,87 | Josep Oliveras (31) | | 1965 |
| 3 | 40,74 | Emili Comas (52) | | 1976 |
| 4 | 40,68 | Antoni Sánchez (56) | | 1978 |
| 5 | 40,52 | Sergi Cabezón Ortas (97) | Manresa | 16/07/2023 |
| 6 | 39,20 | Sergi Garcia Magrans (03) | Barcelona SE | 17/05/2023 |
| 7 | 38,10 | Àngel L. García Jerez (55) | | 1992 |
| 8 | 38,02 | Kiriam Pérez (78) | Sant Celoni | 24/04/2005 |
| 9 | 37,82 | Ramon Estupiña (47) | | 1966 |
| 10 | 37,76 | Manuel Corro | Manresa PUJ | 05/09/1936 |
| 11 | 37,26 | Jordi Jubert (77) | | 1995 |
| 12 | 37,16 | Jordi Call (72) | | 1991 |
| 13 | 37,04 | Daniel Ariza (73) | | 1994 |
| 14 | 36,74 | Carles Carrascosa (70) | | 1991 |
| 15 | 36,61 | Jaume Soldevila (41) | | 1961 |
| 16 | 36,24 | Jordi Porta (49) | | 1968 |
| 17 | 36,06 | José Vela (65) | | 1993 |
| 18 | 35,98 | Antoni Domínguez (38) | | 1965 |
| | 35,98 | Albert Carrascosa (68) | | 1988 |
| 20 | 35,84 | Àngel Roncal | | 1963 |
| 21 | 35,15 | Pau Santanach Pintor (02) | Santa Coloma de G. | 10/04/2022 |
| 22 | 35,07 | Lluís Giró (53) | | 1973 |
| 23 | 34,42 | Oriol Tarragó (70) | | 1991 |
| 24 | 34,28 | Albert Alvarez Lopez (89) | Oscà | 07/06/2009 |
| 25 | 34,00 | Miquel Cànovas (55) | | 1973 |

LLANÇAMENT DE MARTELL (7,260 kg)

| | | | | |
|----------|--------------|----------------------------------|------------------|-------------------|
| 1 | 56,79 | Adrian Sedano Martin (05) | Pamplona | 04/06/2023 |
| 1 | 56,50 | Emili Comas (52) | Manresa | 19/10/1975 |
| 3 | 46,04 | Josep M. Grau (57) | | 1975 |
| 4 | 45,90 | Josep Oliveras (31) | | 1965 |
| 5 | 45,56 | Sergi Cabezón Ortas (97) | Cornella | 30/04/2023 |
| 6 | 45,21 | Joan Pelfrot (42) | | 1983 |
| 7 | 44,96 | Jordi Torres (74) | | 1995 |
| 8 | 44,54 | Carles Carrascosa (70) | | 1988 |
| 9 | 44,36 | Joan Soler (64) | | 1990 |
| 10 | 44,00 | Antoni Català | | 1954 |
| 11 | 43,76 | Ramon Estupiña (47) | | 1967 |
| 12 | 42,24 | Jordi Llansó (73) | | 1992 |
| 13 | 41,88 | Roger Molist Pinos (96) | Tarragona | 14/02/2015 |
| 14 | 41,83 | Roger Molist Casals (69) | Castellar del V. | 07/05/2006 |

| | | | | |
|----|-------|-----------------------------|--------------|------------|
| 15 | 39,86 | Ricard Torras (25) | | 1964 |
| 16 | 39,50 | Josep Salinas (46) | | 1973 |
| 17 | 39,48 | Jaume Mas (59) | | 1985 |
| 18 | 36,66 | Antoni Domínguez (38) | | 1968 |
| 19 | 36,52 | Lluís Giró (53) | | 1975 |
| 20 | 36,15 | Carles Pintó Serra (98) | Sabadell | 11/10/2015 |
| 21 | 36,00 | Miquel Cànovas (55) | | 1973 |
| 22 | 35,84 | Antoni Sánchez (56) | | 1978 |
| 23 | 34,64 | Francesc Isanta (56) | | 1975 |
| 24 | 34,02 | Joaquim Noguero (64) | | 1986 |
| 25 | 33,49 | Gustau Vilellas Rosich (76) | l'Hospitalet | 22/04/2006 |

LLANÇAMENT DE JAVELINA (800 gr) (Model de javelina 1986)

| | | | | |
|----------|--------------|-----------------------------------|--------------------|-------------------|
| 1 | 62,35 | Jordi Sánchez (85) | Saragossa | 03/07/2004 |
| 2 | 54,77 | Màxim Sanz (72) | | 2000 |
| 3 | 52,06 | Carles Peig Rebordosa (61) | Sant Celoni | 15/05/1988 |
| 4 | 52,02 | Oriol Tarragó (70) | Barcelona SR | 27/03/1988 |
| 5 | 46,44 | Eduard Aregall (64) | | 1986 |
| 6 | 46,16 | Jordi Jubert (77) | | 1995 |
| 7 | 45,46 | Àngel L. García Jerez (55) | | 1991 |
| 8 | 45,18 | Enric Pintado (65) | | 1989 |
| 9 | 45,16 | Ruben Baños (77) | | 1996 |
| 10 | 45,10 | Daniel Ariza (73) | | 1994 |
| 11 | 44,83 | Yassin El Ouamari (01) | Gavà | 03/07/2021 |
| 12 | 44,80 | Joan Garrido Paris (68) | | 1990 |
| 13 | 44,44 | Salvador Amella (70) | | 1990 |
| 14 | 44,43 | Albert Alvarez Lopez (89) | Granollers | 23/06/2007 |
| 15 | 43,76 | Adrià Garcia Franch (05) | Pamplona | 04/06/2023 |
| 16 | 41,29 | Sergi Garcia Magrans (03) | Gavà | 01/07/2023 |

LLANÇAMENT DE JAVELINA (800 gr) (Antic artefacte, abans de 1986)

| | | | | |
|----------|--------------|----------------------------|-----------------------|-------------------|
| 1 | 75,04 | Miquel Cànovas (55) | Marsella (FRA) | 21/08/1979 |
| 2 | 66,78 | Antoni Sánchez (56) | | 1981 |
| 3 | 54,89 | Bartomeus Robert (46) | Manresa | 04/05/1969 |
| 4 | 51,48 | Eduard Aregall (64) | | 1985 |
| 5 | 51,82 | Jordi Porta (49) | | 1968 |
| 6 | 50,28 | Ferran Cònsul (53) | | 1977 |
| 7 | 49,96 | Emili Comas (52) | | 1975 |
| 8 | 49,15 | Enric Sannicolàs (29) | | 1954 |
| 9 | 47,41 | Santiago Rodríguez (59) | | 1959 |
| 10 | 47,12 | Josep A. Gracia (52) | | 1970 |
| 11 | 46,36 | Manuel Martín (27) | | 1964 |
| 12 | 43,48 | Carles Peig Rebordosa (61) | Manresa | 18/06/1983 |

DECATLÓ

| | | | | |
|----|-------|-----------------------------|---------|------------|
| 1 | 6591p | Albert Alvarez Lopez (89) | Calvià | 04/07/2010 |
| 2 | 6434p | Joan Garrido Paris (68) | | 1989 |
| 3 | 6148p | Oriol Tarragó (70) | | 1990 |
| 4 | 5982p | Daniel Ariza (73) | | 1994 |
| 5 | 5941p | Antoni Sánchez (56) | Manresa | 01/11/1978 |
| 6 | 5824p | Ricard Clemente Marti (94) | Murcia | 08/05/2016 |
| 7 | 5669p | Salvador Amella (70) | | 1990 |
| 8 | 5117p | Ferran Cònsul (53) | | 1976 |
| 9 | 5105p | Carles Peig Rebordosa (61) | | 1988 |
| 10 | 5021p | Alex Quer (55) | | 1985 |
| 11 | 4925p | Josep Clotet | | 1959 |
| 12 | 4826p | Lluís Ballús (53) | | 1973 |
| 13 | 4782p | Gustau Vilellas Rosich (76) | | 1996 |
| 14 | 4666p | Fèlix Noguera Carrillo (63) | | 1984 |
| 15 | 4663p | Pablo Osorno (67) | | 1993 |
| 16 | 4661p | Josep M. Gil Alberó (64) | | 1984 |
| 17 | 4653p | Antoni Guaras (59) | | 1980 |
| 18 | 4648p | David Díaz (70) | | 1993 |
| 19 | 4637p | Roger Torras (70) | | 1993 |
| 20 | 4607p | Josep Puig Sanz (72) | Manresa | 28/10/2001 |
| 21 | 4605p | Joan Busquets (34) | | 1957 |
| 22 | 4557p | Xavier Furió Gali (62) | | 1980 |
| 23 | 4549p | Fermí Soler | | 1956 |
| 24 | 4542p | Jordi Pierola Laimon (68) | | 1987 |
| 25 | 4522p | Enric Pintado (65) | | 1986 |

Qualsevol observació, correcció o dada errònia podeu comunicar-la i/o dirigir-la al Responsable de Rànquing del CAM
(Carles Peig) Correu electrònic: cp.vet@hotmail.com

RANKING DE LES 25 MILLORS DE TOTS ELS TEMPS (a l'aire lliure) (actualitzat a 31/12/23)

Record s. XX

Record S. XXI

FEMENÍ

| Rk | Vent | Marca | Nom | Lloc | Data |
|--------------------------|------|-------------|--------------------------------|--------------------|-------------|
| 100 METRES LLISOS | | | | | |
| 1 | 1,8 | 11.92 | Patricia Serrano Ponce | Alhama de Murcia | 30/05/2021 |
| 2 | 1,7 | 12.01 | Paula Sevilla Lopez Vieja (97) | Puertollano 010515 | 01/05/2015 |
| 3 | 0,2 | 12.01 | Laia Solá Hernando (01) | Gijón | 23/06/2018 |
| 4 | 0,9 | 12.23 | Ella Bestue Ferrera (97) | Barcelona SE | 21/06/2023 |
| 5 | | 12.0 | Dolors Vives Jorba (57) | | 1987 |
| 6 | | 12.32 | Mara Prat (75) | | 1996 |
| 7 | 0,8 | 12.40 | Estefania Sebastian (82) | Andorra | 19/04/2015 |
| 8 | 0,8 | 12.42 | Judit Devers Cantero (02) | Sabadell | 07/04/2019 |

| | | | | | |
|----|------|-------|-----------------------------|--------------------|------------|
| 9 | | 12.2 | Ester Maruny Vilalta (70) | | 1985 |
| 10 | 0,5 | 12.44 | Jessica Lee Ford (88) | Barcelona SR | 19/06/2013 |
| 11 | 1,2 | 12.49 | Paula Raul Sala (96) | Serrahima | 30/04/2016 |
| 12 | 0,7 | 12.50 | Meritxell Tarragó Clop (01) | Barcelona SE | 03/07/2019 |
| 13 | | 12.62 | Meritxell Pujol Ferrer (00) | Santa Coloma de G. | 10/04/2022 |
| 14 | | 12.64 | Queralt Vallbona Ramos (07) | Gavà | 18/06/2022 |
| 15 | 1,9 | 12.65 | Carla Rovira Obiols (08) | Sta. Coloma de G. | 10/06/2023 |
| 16 | 0,5 | 12.69 | Ariadna Aivar Oliveras (87) | Barcelona SR | 21/07/2007 |
| | 0,4 | 12.69 | Maria Quetglas Poncell (95) | Madrid-VLL | 05/09/2020 |
| 18 | 1,8 | 12.71 | Marta Riera Sato (01) | Barcelona SR | 12/07/2017 |
| 19 | -1,4 | 12.72 | f Elda Romeva Riba (06) | La Nucía | 13/06/2021 |
| 20 | | 12.5 | Pilar Roca (56) | | 1975 |
| | | 12.5 | Montse Selga (55) | | 1980 |
| | | 12.5 | Gemma González (70) | | 1985 |
| 23 | | 12.74 | Mireia Parés Pladevall (83) | Barcelona SR | 11/06/2004 |
| 24 | 1,5 | 12.83 | Laura Bou Saumell (90) | Sta. Coloma G. | 20/07/2019 |
| 25 | | 12.6 | Fina Canals (68) | | 1983 |
| | | 12.6 | Eva Pellicer (73) | | 1989 |

200 METRES LLISOS

| | | | | | |
|----------|------|--------------|---------------------------------------|--------------------------|------------|
| 1 | 1,9 | 23.97 | Paula Sevilla Lopez Vieja (97) | Alcobendas 180616 | 18/06/2016 |
| 2 | 1,6 | 24.20 | Laura Bou Saumell (90) | Barcelona SR | 05/07/2023 |
| 3 | 1,6 | 24.79 | Laia Solà Hernando (01) | Barcelona SR | 27/05/2018 |
| 4 | 1,6 | 24.87 | Marta Riera Sato (01) | Barcelona SR | 06/05/2018 |
| 5 | | 25.01 | Meritxell Tarragó Clop (01) | La Nucia | 11/06/2022 |
| 6 | -1,2 | 25.28 | Patricia Serrano Ponce (01) | Jumilla | 08/05/2021 |
| 7 | | 25.33 | Mara Prat (75) | | 1996 |
| 8 | 0 | 25.33 | Maria Quetglas (95) | Palma de Mallorca | 08/02/2020 |
| 9 | -1,7 | 25.36 | Ella Bestue Ferrera (97) | Madrid VLL | 24/06/2023 |
| 10 | 1,8 | 25.41 | Ariadna Aivar Oliveras (87) | Barcelona SR | 27/05/2007 |
| 11 | 1,1 | 25.49 | Jessica Lee Ford (88) | Barcelona SR | 12/06/2013 |
| 12 | 1 | 25.55 | Emilia del Hoyo Perez (97) | Valladolid | 04/07/2015 |
| 13 | -0,8 | 25.56 | Paula Raul Sala (96) | Barcelona SR | 13/07/2014 |
| 14 | | 25.4 | Dolors Vives Jorba (57) | | |
| 15 | -0,1 | 25.77 | Nuria Tió Peig (95) | Barcelona SR | 04/07/2012 |
| 16 | | 25.83 | Mireia Parés Pladevall (83) | Madrid MOR | 15/06/2003 |
| | 1,9 | 25.83 | Estefania Sebastian(82) | Alcobendas | 18/06/2016 |
| 17 | | 25.91 | Queralt Vallbona (07) | Cornellà de Ll. | 08/05/2022 |
| 18 | 0,6 | 25.95 | Judit Devers Cantero (02) | Mollet Valles | 23/05/2018 |
| 19 | | 25.97 | Griselda Juncà Cases (82) | Igualada | 07/06/2001 |
| 20 | | 25.8 | Ester Maruny Vilalta (70) | | 1985 |
| 21 | | 25.9 | Mònica Serra (58) | | 1974 |
| 22 | 0,6 | 26.15 | Meritxell Pujol Ferrer (00) | Cornellà de Ll. | 08/05/2021 |
| 23 | -1,4 | 26.17 | Julia Quevedo Subirats (97) | Sabadell | 18/05/2014 |
| | -0,2 | 26.17 | Mar Garcia Antunez (97) | L'Hospitalet de LL. | 11/05/2019 |
| 25 | | 26.20 | Fanny Majó (64) | | 1990 |

400 METRES LLISOS

| | | | | |
|----------|--------------|----------------------------------|-------------------|-------------------|
| 1 | 52.91 | Laura Bou Saumell (90) | Madrid VH | 11/06/2023 |
| 2 | 55.03 | Meritxell Tarragó Clop (01) | Nerja | 25/06/2022 |
| 3 | 56.87 | Nuria Tió Peig (95) | Eibar | 02/06/2012 |
| 4 | 56.99 | Griselda Juncà Cases (82) | Madrid MOR | 15/06/2003 |
| 5 | 57.34 | Alba Casanovas Muntada (93) | Fuenlabrada-UNI | 17/05/2009 |
| 6 | 57.65 | Xenia Pubill Murcia (04) | Fraga | 27/05/2023 |
| 7 | 58.09 | Ariadna Aivar Oliveras (87) | Igualada | 24/06/2008 |
| 8 | 58.0 | Mireia Vila Fabregas (67) | | 1988 |
| 9 | 58.32 | Queralt Vallbona Ramos (07) | Sabadell | 18/06/2023 |
| 10 | 58.44 | Eulàlia Torrecasana (71) | Arona | 03/07/2010 |
| 11 | 58.5 | Fanny Majó (64) | | 1986 |
| 12 | 58.74 | Anna Vallhonestà Espinosa (88) | Granollers | 23/06/2007 |
| 13 | 58.77 | Paula Sevilla Lopez Vieja (97) | Madrid INEF | 19/12/2015 |
| 14 | 59.08 | Maria Gonzalez Casals (99) | Manresa | 20/05/2017 |
| 15 | 59.09 | Marina Guerrero (95) | Olot | 07/05/2022 |
| 16 | 59.35 | Alba Gallardo Llorens (89) | Manresa | 19/07/2005 |
| 17 | 59.52 | Angela Lopez Marti (75) | Palma Mallorca | 03/06/2017 |
| 18 | 59.62 | Sílvia Leal Augé(76) | | 1998 |
| 19 | 59.71 | Bethlehem Manzano Jimeno (02) | Olot | 21/04/2018 |
| 20 | 59.88 | Maria Salabert Piñero (03) | Barcelona SE | 20/06/2021 |
| 21 | 1.00.0 | Meritxell Calduch Prat (78) | | 1995 |
| 22 | 59.9 | Montse Selga (55) | | 1974 |
| 23 | 59.9 | Esperança Macià (59) | | 1976 |
| 24 | 1.00.18 | Mireia Via Comas (98) | Serrahima | 01/06/2016 |
| 25 | 1.00.22 | Maite Marzo Gomez (71) | Mollet del Valles | 21/05/2021 |

800 METRES LLISOS

| | | | | |
|-----------|----------------|----------------------------------|---------------|-------------------|
| 1 | 2.07.03 | Nuria Tió Peig (95) | Mataró | 15/07/2014 |
| 2 | 2.09.15 | Griselda Juncà Cases (82) | Barcelona SR | 18/06/2003 |
| 3 | 2.09.33 | Marina K Petkova (90) | Gijón | 23/07/2016 |
| 4 | 2.10.30 | Marina Guerrero Puigdevall (94) | Castelló | 14/05/2022 |
| 5 | 2.11.00 | Alícia Fernández (78) | | 2000 |
| 6 | 2.11.47 | Anna Vallhonestà Espinosa (88) | Mataró | 12/06/2007 |
| 7 | 2.12.39 | Nuria Tilló Prats (98) | Eugene (USA) | 24/04/2021 |
| 8 | 2.12.47 | Alba Gallardo Llorens (89) | Mataró | 15/07/2009 |
| 9 | 2.12.76 | Mercè Guerra Alba (96) | Cornellà | 05/07/2022 |
| 10 | 2.12.8 | Mireia Vila Fabregas (67) | | 1989 |
| 11 | 2.13.0 | Meritxell Calduch Prat (78) | | 1998 |
| 12 | 2.14.29 | Bethlehem Manzano Jimeno (02) | La Nucía | 13/06/2021 |
| 13 | 2.14.50 | Alba Martinez Martinez (85) | Alacant | 23/05/2004 |
| 14 | 2.15.02 | Meritxell Soler Delgado (92) | Lloret de Mar | 03/07/2021 |
| 15 | 2.15.82 | Anna Vilaró Aguilera (87) | Barcelona SR | 20/06/2007 |
| 16 | 1.16.53 | Carlota Soler Vazquez (03) | Manresa | 13/04/2019 |
| 17 | 2.17.04 | Ekhiñe Otaola Otaola (91) | Barcelona SE | 11/06/2008 |
| 18 | 2.17.44 | Eva Jiménez Martos (73) | | 1992 |
| 19 | 2.17.5 | Fanny Majó (64) | | 1986 |

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|----|---------|------------------------------------|---------------|------------|
| 20 | 2.17.52 | Mireia Via Comas (98) | Serrahima | 08/06/2016 |
| 21 | 2.17.79 | Najwa Chouati Ech Charyf (97) | Turlock (USA) | |
| 22 | 2.18.01 | Judit Ester Ribera (70) | | 1991 |
| 23 | 2.18.25 | Elena Congost (87) | Basauri | 30/05/2010 |
| 24 | 2.18.47 | M ^a Dolores Jimenez(69) | Huelva | 21/06/2014 |
| 25 | 2.18.7 | Marta Busquets Sanchez (68) | | 1992 |

1500 METRES LLISOS

| | | | | |
|-----------|----------------|--|---------------------|-------------------|
| 1 | 4.24.08 | Marina Guerrero Puigdevall (94) | Barcelona SE | 01/07/2021 |
| 2 | 4.24.29 | Meritxell Calduch Prat (78) | | 2000 |
| 3 | 4.24.48 | Meritxell Soler Delgado (92) | Barcelona SE | 01/07/2021 |
| 4 | 4.24.77 | Alícia Fernández (78) | Barakaldo | 05/07/2003 |
| 5 | 4.27.13 | Merce Guerra Alba (96) | Barcelona SE | 05/07/2022 |
| 6 | 4.27.37 | Nuria Tilló Prats (98) | Eugene (USA) | 23/04/2021 |
| 7 | 4.27.78 | Najwa Chouati (97) | Azusa (USA) | 15/04/2023 |
| 8 | 4.29.45 | Nuria Tió Peig (95) | Serrahima | 30/06/2016 |
| 9 | 4.31.58 | Alba Gallardo Llorens (89) | Barcelona SR | 08/07/2015 |
| 10 | 4.32.66 | Alba Martínez Martínez (86) | Gavà | 12/06/2005 |
| 11 | 4.33.0 | Judit Ester Ribera (70) | | 1991 |
| 12 | 4.33.61 | Bethlehem Manzano Jimeno (02) | Birmingham (USA) | 31/03/2023 |
| 13 | 4.36.1 | Eva Jiménez Martos (73) | | 1993 |
| 14 | 4.37.83 | Elena Congost Mohedano (87) | Barcelona SR | 18/06/2014 |
| 15 | 4.39.91 | Carlota Soler Vazquez (03) | Andújar | 01/06/2019 |
| 16 | 4.42.0 | Nuria Prat (71) | | 1988 |
| 17 | 4.42.0 | Marta Busquets Sanchez (68) | | 1991 |
| 18 | 4.42.63 | Maria Riera Sato (93) | Barcelona SR | 27/06/2012 |
| 19 | 4.44.22 | Aniria Mata Sastre (93) | Mataró | 06/07/2016 |
| 20 | 4.44.63 | Ester Guerrero Muñoz (88) | Barcelona SR | 19/06/2013 |
| 21 | 4.45.0 | Ingrid Sala (70) | | 1991 |
| 22 | 4.45.02 | Eva Iglesias Garcia (80) | Barcelona SR | 14/07/2006 |
| 23 | 4.45.13 | Anna Vallhonestà Espinosa (88) | Sabadell | 31/03/2007 |
| 24 | 4.45.18 | Ekhiñe Otaola Otaola (91) | Vic | 29/04/2007 |
| 25 | 4.45.20 | M ^a Dolores Jimenez(69) | Alcorcón | 08/06/2014 |

3000 METRES LLISOS

| | | | | |
|----------|----------------|------------------------------------|-----------------------|-------------|
| 1 | 9.20.79 | Meritxell Calduch Prat (78) | L'Alfas del Pi | 2000 |
| 2 | 9.21.50 | Meritxell Soler Delgado (92) | La Núcia | 30/06/2021 |
| 3 | 9.36.21 | Mireia Guarner Piquet (92) | Barcelona SE | 15/04/2023 |
| 4 | 9.39.09 | Judit Ester Ribera (70) | | 1991 |
| 5 | 9.41.71 | Najwa Chouati (97) | Fresno (USA) | 18/02/2023 |
| 6 | 9.56.56 | Merce Guerra Alba (96) | Barcelona SE | 17/10/2021 |
| 7 | 9.57.56 | Eva Jiménez Martos (73) | | 1993 |
| 8 | 10.02.83 | Elena Congost Mohedano (87) | Sabadell | 18/05/2014 |
| 9 | 10.05.9 | Ingrid Sala (70) | | 1991 |
| 10 | 10.06.4 | Marta Busquets Sanchez (68) | | 1992 |
| 11 | 10.08.82 | Aniria Mata Sastre (93) | Manresa | 02/04/2016 |

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|----|----------|-------------------------------|-----------------|------------|
| 12 | 10.11.0 | Núria Prat (71) | | 1988 |
| 13 | 10.15.66 | Alícia Fernández (78) | | 2000 |
| 14 | 10.17.0 | Isabel Espel Jurado (70) | | 1999 |
| 15 | 10.21.1 | Alba Gallardo Llorens (89) | Manresa | 24/11/2010 |
| 16 | 10.21.20 | Alba Corredera Flotats (88) | Madrid | 04/07/2003 |
| 17 | 10.25.27 | Eva Iglesias Garcia (80) | Banská Bystrica | 17/06/2006 |
| 18 | 10.25.58 | Nuria Tió Peig (95) | Manresa | 24/04/2021 |
| 19 | 10.29.07 | Carme Tort Creus (78) | Igualada | 13/04/2004 |
| 20 | 10.29.49 | Bethelhem Manzano Jimeno (02) | Gavá | 12/06/2016 |
| 21 | 10.29.62 | Alba Martínez Martínez (86) | Sabadell | 11/09/2004 |
| 22 | 10.31.4 | Ester Guerrero Muñoz (88) | Castelló MGH | 29/04/2017 |
| 23 | 10.36.72 | Maria Riera Sato (93) | Alcorcón | 19/05/2013 |
| 24 | 10.43.3 | Paquita Quílez | | 1988 |
| 25 | 10.44.44 | Manela Martínez Gonzalez (57) | Igualada | 13/04/2004 |

5000 METRES LLISOS

| | | | | |
|----------|-----------------|-------------------------------------|--------------------|-------------------|
| 1 | 15.56.69 | Meritxell Soler Delgado (92) | Granollers | 02/07/2022 |
| 2 | 16.21.79 | Najwa Chouati (97) | Palo Alto (USA) | 31/03/2023 |
| 3 | 16.24.19 | Meritxell Calduch Prat (78) | Braga POR | 21/06/2000 |
| 4 | 16.28.22 | Nuria Tilló Prats (98) | Fresno (USA) | 30/04/2021 |
| 5 | 16.47.77 | Mireia Guarner Piquet (92) | Pamplona | 15/07/2023 |
| 6 | 17.21.31 | Elena Congost Mohedano (87) | Palafrugell | 31/05/2014 |
| 7 | 17.34.79 | Judit Ester Ribera (70) | | 1999 |
| 8 | 17.36.21 | Aniria Mata Sastre (93) | Lleida | 17/04/2016 |
| 9 | 17.37.99 | Mercè Guerra Alba (96) | Sta.Coloma de G. | 10/04/2022 |
| 10 | 17.40.9 | Ingrid Sala (70) | | 1992 |
| 11 | 17.54.95 | Alícia Fernández (78) | L'Hospitalet | 21/04/2001 |
| 12 | 17.56.88 | Maria Riera Sató (93) | Igualada | 27/04/2014 |
| 13 | 18.16.03 | Alba Corredera Flotats (88) | St. Sebastià | 30/07/2006 |
| 14 | 18.16.6 | Marta Busquets Sanchez (68) | | 1992 |
| 15 | 18.21.78 | Manela Martínez González (57) | | 2000 |
| 16 | 18.27.61 | Eva Iglesias Garcia (80) | El Prat | 15/02/2007 |
| 17 | 18.33.16 | Mar Juarez Gallardo (93) | Igualada | 12/10/2020 |
| 18 | 18.33.77 | Carme Tort Creus (78) | Barcelona SR | 22/06/2002 |
| 19 | 18.35.98 | Isabel Espel Jurado (70) | | 1997 |
| 20 | 18.37.01 | Berta Estragués Higuero (98) | Barcelona SR | 03/06/2018 |
| 21 | 18.38.7 | Sílvia Sánchez Carrascal (77) | Cornellà | 22/06/2002 |
| 22 | 18.41.64 | Alba Gallardo Llorens (89) | Gavá | 19/03/2011 |
| 23 | 19.10.3 | Núria Padrisa (74) | | 1998 |
| 24 | 19.11.32 | Bethelhem Manzano Jimeno (02) | Santa Coloma de G. | 04/04/2021 |
| 25 | 19.16.49 | Lorena Cubillas Flores (96) | Serrahima | 24/04/2016 |

10000 METRES LLISOS

| | | | | |
|----------|---------------|-------------------------------------|------------------|-------------------|
| 1 | 32.31r | Meritxell Soler Delgado (92) | Barcelona | 31/12/2022 |
| 2 | 34.00.12 | Najwa Chouati (97) | Azusa (USA) | 13/04/2023 |
| 3 | 34.01.25 | Meritxell Calduch Prat (78) | | 2000 |

| | | | | |
|----|----------------|--------------------------------|-------------------|-------------|
| 4 | 35.06r | Mercè Guerra Alba (96) | Barcelona | 31/12/2019 |
| 5 | 35.30r | Marina Guerrero (94) | Valencia | 12/01/2020 |
| 6 | 35.56r | Nuria Tilló Prats (98) | Valencia | 03/10/2021 |
| 7 | 36.51r | Elena Congost Mohedano (87) | Barcelona | 13/04/2014 |
| 8 | 36.52r | Aniria Mata Sastre (93) | Barcelona | 31/12/2015 |
| 9 | 37.01r | Mireia Guarner Piquet (92) | Barcelona | 26/11/2017 |
| 10 | 37.11.00 | Judit Ester Ribera (70) | Calella | 27/03/2004 |
| 11 | 37.16r | Carme Tort Creus (78) | Barcelona | 31/12/2005 |
| 12 | 37.17r | Eva Iglesias Garcia (80) | Barcelona | 31/11/2005 |
| 13 | 37.33r | Maria Riera Sato (93) | Barcelona | 31/12/2013 |
| 14 | 37.35.8 | Alícia Fernández Casanovas(78) | | 2000 |
| 15 | 38.01r | Alba Gallardo Llorens (89) | Vilafranca del P. | 24/01/2019 |
| 16 | 38.09r | Maria Dolores Jimenez (69) | Sevilla | 12/10/2014 |
| 17 | 38.18.8 | Manuela Martínez Gonzalez (57) | | 2000 |
| 18 | 38.26r | Maria Vinyet Noguero (81) | Barcelona | 31/12/2008 |
| 19 | 38.28r | Ester Guerrero (88) | Barcelona | 19/01/2020 |
| 20 | 38.49r | Marta Busquets Sanchez (68) | Barcelona | 31/12/2007 |
| 21 | 38.52.87 | Sílvia Sánchez Carrascal (77) | Olot | 23/03/2002 |
| 22 | 38.57.2 | Melània Bonet (63) | | 1988 |
| 23 | 39.04r | Alba Xandri Suets (78) | Barcelona | 31/12/2008 |
| 24 | 39.08.63 | Teresa Forn (59) | | 1992 |
| 25 | 39.25r | Alba Martinez Martinez (86) | Manresa | 15/10/2006 |

MARATÓ

| | | | | |
|----------|----------------|-------------------------------------|----------------|-------------------|
| 1 | 2.26.37 | Meritxell Soler Delgado (92) | Sevilla | 19/02/2023 |
| 2 | 2.38.35 | Mireia Guarner Piquet (92) | Londres | 23/04/2023 |
| 3 | 2.58.36 | Rosa M. Mas (65) | | 2000 |
| 4 | 3.02.16 | Marta Busquets Sanchez (68) | Rotterdam | 13/04/2008 |
| 5 | 3.03.02 | Elena Congost Mohedano (87) | Munich (GER) | 11/10/2015 |
| 6 | 3.04.17 | Teresa Forn (59) | | 1992 |
| 7 | 3.07.34 | Alba Xandri Suets (78) | Roma | 22/03/2009 |
| 8 | 3.10.05 | Manela Martínez Gonzalez (57) | | 1999 |
| 9 | 3.11.07 | Judit Ester Ribera (70) | St. Sebastià | 26/11/2001 |
| 10 | 3.12.36 | Sílvia Nebot (59) | | 2000 |
| 11 | 3.24.35 | Mercè Gracia (73) | | 1999 |
| 12 | 3.26.53 | Montserrat Cutrina | Sevilla | 15/02/2011 |
| 13 | 3.27.00 | Carme Campoy Guerrero (69) | St. Sebastià | 25/11/2007 |
| 14 | 3.29.04 | Carme Tort Creus (78) | Barcelona | 12/03/2017 |
| 15 | 3.32.57 | Alba Puertas Carbonell (68) | | 1999 |
| 16 | 3.38.36 | Carme Comellas (54) | | 1997 |
| 17 | 3.46.34 | Melània Bonet (63) | | 1987 |
| 18 | 3.48.00 | Alba Lloys | Sant Sebastià | 26/11/2001 |
| 19 | 4.07.51 | M. Teresa Florensa (48) | | 1995 |
| 20 | 4.14.02 | Mercè Rosich Vilaro (52) | | 1995 |

100 METRES TANQUES (0,84m)

| | | | | | |
|----------|------------|--------------|-----------------------------------|------------------|-------------------|
| 1 | 1,8 | 13.53 | Emilia del Hoyo Perez (97) | Nerja | 25/06/2022 |
| 2 | 0,1 | 13.67 | Paula Raul Sala (86) | Madrid-Moratalaz | 22/06/2018 |
| | 0,6 | 14.49 | Anna Cabrera Riudor (01) | Mobile (USA) | 22/04/2023 |
| 3 | 0,5 | 14.61 | Marta Riera Sato (01) | Barcelona SR | 28/06/2017 |
| 5 | | 14.80 | Anna Circuns Guix (84) | Madrid | 15/06/2003 |
| 6 | | 14.87 | Sandra Olivé (75) | | 1995 |
| 7 | 0,7 | 14.89 | Laura del Paso (93) | Serrahima | 01/06/2016 |
| 8 | -3,8 | 14.95 | f Jana Bruses Cortada (04) | Manresa | 24/04/2021 |
| 9 | 1,7 | 15,36 | Ariadna Aivar Oliveras (87) | Barcelona SE | 08/06/2008 |
| 10 | | 15.40 | Montse Selga (55) | | 1980 |
| 11 | -2,6 | 15.42 | Angela Lopez Marti (75) | Visby (SWE) | 27/06/2017 |
| 12 | | 15.56 | Diana Millán (83) | Majadahonda | 30/06/2002 |
| 13 | | 15.59 | Laia Olmedo Fornell (04) | Cornellà | 09/07/2022 |
| 14 | 1,4 | 15.74 | Cristina Cardenas Ruiz (87) | Palafrugell | 30/05/2009 |
| 15 | -3,1 | 15.83 | Laura Clemente Marti (94) | Igualada | 02/06/2013 |
| 16 | | 15.90 | Berta Fontarnau (83) | Barcelona SR | 10/05/2003 |
| 17 | 1,7 | 16.26 | Mònica Clemente Marti (96) | Barcelona SR | 24/05/2014 |
| 18 | | 16.1 | Soletat Pérez (63) | | 1980 |
| 19 | | 16.2 | M. Alba Martí Pla (64) | | 1987 |
| | | 16.2 | Dèbora Calveras Barat (88) | Manresa | 23/05/2006 |
| 21 | | 16.3 | Alba Bernadich (77) | | 1994 |
| 22 | | 16.90 | Noemí López (86) | Manresa | 18/07/2005 |
| 23 | | 17.00 | Carla Rafart (86) | Barcelona SR | 01/06/2003 |
| 24 | | 16.8 | Jordina Fernández (73) | | 1991 |

400 METRES TANQUES (0,762m)

| | | | | |
|----------|----------------|------------------------------------|---------------|-------------------|
| 1 | 1.00.56 | Alba Casanovas Muntada (93) | Avilés | 24/06/2012 |
| 2 | 1.00.60 | f Helena Santacana Bastida (06) | Madrid VH | 11/06/2023 |
| 3 | 1.01.05 | Ariadna Aivar Oliveras (87) | Barcelona-O | 01/08/2009 |
| 4 | 1.02.21 | Angela Lopez Marti (75) | Ciudad Real | 17/06/2017 |
| 5 | 1.02.52 | f Martina Zunino Vujichich (06) | Barcelona | 15/04/2023 |
| 6 | 1.02.71 | Emilia del Hoyo Perez (97) | Tarragona | 03/04/2022 |
| 7 | 1.03.49 | Olatz Mompeo Masachs (91) | Almeria | 06/07/2008 |
| 8 | 1.03.9 | Montse Selga (55) | | 1980 |
| 9 | 1.04.82 | Alícia Fernández Casanovas (78) | Madrid MOR | 15/06/2003 |
| 10 | 1.04.90 | Laura del Paso Martinez (93) | Granollers | 18/07/2012 |
| 11 | 1.05.45 | Anna Circuns Guix (84) | Barcelona SR | 25/06/2014 |
| 12 | 1.05.75 | Eulàlia Torrecasana(71) | Getafe | 16/06/2002 |
| 13 | 1:06.23 | Maite Marzo Gomez (71) | Manresa | 24/04/2021 |
| 14 | 1.07.1 | Montse Vilaró Solera (63) | | 1980 |
| 15 | 1.07.42 | Carme Bes Fuster (69) | Águilas | 02/07/2006 |
| 16 | 1.08.00 | Laura Farres Padros (99) | Barcelona SR | 06/06/2015 |
| 17 | 1.08.07 | Maria González Casals (99) | Cornellà LI. | 07/05/2017 |
| 18 | 1.08.2 | Ingrid Sala (70) | | 1987 |
| 19 | 1.08.3 | Mireia Vila Fabregas (67) | | 1987 |
| 20 | 1.08.54 | Carla Font Carreras (84) | Barcelona SR | 20/06/2001 |
| 21 | 1.08.5 | Sílvia Leal Auge (76) | | 1994 |
| 22 | 1.08.91 | Anna Cabrera Riudor (01) | Barcelona SR | 28/04/2018 |

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|----|---------|-----------------------------|--------------|------------|
| 23 | 1.09.0 | Marta Serra (61) | | 1980 |
| 24 | 1.10.1 | Eva Jiménez Martos (73) | | 1992 |
| 25 | 1.10.52 | Gisela Ramos Mena (83) | Barcelona SR | 08/06/2011 |
| 26 | 1.10.73 | Queralt Vallbona Ramos (07) | Barcelona SR | 13/05/2023 |
| 27 | 1.10.75 | Judith Canal Martinez (02) | Barcelona SR | 06/05/2018 |

3000 OBSTACLES

| | | | | |
|----------|-----------------|--|-----------------|-------------------|
| 1 | 10.06.22 | Marina Guerrero Puigdevall (94) | Torrent | 28/07/2023 |
| 2 | 10.19.64 | Alicia Fernández (78) | Jerez de la Fr. | 03/08/2003 |
| 3 | 10.21.24 | Mercè Guerra Alba (96) | Tarragona | 09/06/2022 |
| 4 | 10.40.04 | Ester Guerrero Muñoz (88) | Mataró | 15/07/2014 |
| 5 | 10.54.82 | Maria Riera Sato (93) | Barcelona SR | 27/05/2012 |
| 6 | 10.59.47 | Bethelhem Manzano (02) | Monzón | 03/07/2021 |
| 7 | 11.20.62 | Najwa Chouati (97) | Barcelona SR | 09/05/2015 |
| 8 | 11.30.19 | Alba Martinez Martinez (86) | Sabadell | 05/06/2004 |
| 9 | 11.42.30 | Sílvia Sánchez Carrascal (76) | Barcelona SR | 25/06/2003 |
| 10 | 11.44.34 | Aina Contestí Rubert (94) | Calvià | 26/05/2014 |
| 11 | 11.46.31 | Carme Tort Creus (78) | Barcelona SR | 25/06/2003 |
| 12 | 11.50.41 | Manela Martínez Gonzalez (57) | Barcelona SR | 07/07/2002 |
| 13 | 12.08.46 | Silvia Leal Auge (76) | Manresa | 25/04/2010 |
| 14 | 12.10.27 | Marta Juncadella Panades (95) | Manresa | 28/04/2013 |
| 15 | 12.14.03 | Alba Corredera Flotats (88) | Barcelona | 14/05/2006 |
| 16 | 12.17.96 | Meritxell Soler Delgado (92) | Mataró | 09/10/2010 |
| 17 | 12.20.2 | Carme Tort Creus (78) | Sabadell | 07/04/2019 |
| 18 | 12.37.86 | Marta Figueras (72) | Vic 130507 | 13/05/2007 |
| 19 | 12.54.73 | Sara Beltran Gascon (78) | Barcelona SR | 13/05/2023 |
| 20 | 13.05.67 | Laura Colell Trasserra (99) | Tarragona | 12/04/2015 |
| 21 | 13.29.79 | Sara Sucarrats (84) | Manresa | 25/05/2002 |
| 22 | 13.31.04 | Montserrat Casoliva Carod (63) | Madrid FUEN | 17/05/2009 |

5 KMS MARXA

| | | | | |
|----------|-----------------|---------------------------------|---------------------|-------------------|
| 1 | 21.54.90 | Mar Juarez Gallardo (93) | Barcelona SE | 15/04/2023 |
| 2 | 24.50.04 | Eva Muñoz Navarro (99) | Serrahima | 30/04/2016 |
| 3 | 24.59.3 | Carme Robles Rus (71) | Manresa | 25/05/2002 |
| 4 | 27.02.53 | Nuria Ballarin Rubinart (04) | BarcelonaSE | 01/05/2019 |
| 5 | 27.08.2 | Sílvia Nebot (59) | | 2000 |
| 6 | 27.49.0 | Carme Soletat Campoy (69) | Mataró | 22/05/2011 |
| 7 | 28.47.1 | Ainhoa Carrasco Lopez (06) | Sta. Coloma de G. | 01/04/2023 |
| 8 | 29.02.1 | Mireia Brau (91) | Manresa | 18/06/2005 |
| 9 | 30.47.43 | Teresa Espel Jurado (68) | | 1991 |
| 10 | 31.04.65 | Mercè Vilajosana Marti (88) | Barcelona CD | 21/03/2009 |
| 11 | 31.23.9 | Xari Martínez (67) | | 1986 |
| 12 | 32.08.7 | Olga Sánchez (72) | | 1988 |
| 13 | 32.14.8 | Mabel Orrit | | 1989 |
| 14 | 32.16.0 | Maria Serra (68) | | 1983 |
| 15 | 32.17.8 | Neus Sallés Guix (63) | | 1994 |

| | | | | |
|----|----------|----------------------------|--------------|------------|
| 16 | 32.18.0 | Gemma Carbonés (74) | | 1990 |
| 17 | 32.45.6 | Eva Aguilera Bonals (01) | Barcelona CD | 18/02/2018 |
| 18 | 33.07.3 | Betlem Castellón (70) | | 1989 |
| 19 | 34.43.8 | Catalina Jiménez (73) | | 1988 |
| 20 | 35.02.76 | Teresa Roca (58) | Durango | 17/06/2001 |
| 21 | 35.04.01 | M. Helena Rovira Miro (88) | Alacant | 13/05/2004 |
| 22 | 35.28.7 | Anna Fabregas (71) | | 1985 |
| 23 | 35.30.1 | Dolors Llorca (70) | | 1983 |
| 24 | 35.35.3 | Elisabet Duocastella (69) | Rubí | 14/05/2011 |
| 25 | 35.43.5 | M. Mar Mas (77) | | 1992 |

SALT D'ALÇADA

| | | | | |
|----------|-------------|---------------------------------|-----------------|-------------------|
| 1 | 1,81 | Ona Bonet Bernadich (06) | Sabadell | 18/06/2023 |
| 2 | 1,74 | Sofia Zorrilla Cano (98) | Tarragona CLA | 29/06/2019 |
| 3 | 1,67 | Núria Closa (75) | | 1991 |
| 4 | 1,66 | M. Alba Martí Pla (64) | | 1980 |
| | 1,66 | Anna Circuns Guix (84) | | 2000 |
| | 1,66 | Laia Saltó (82) | Vic | 26/05/2001 |
| | 1,66 | Emilia del Hoyo Perez (97) | Cartagena | 02/05/2015 |
| 8 | 1,65 | Montse Tubau (80) | | 1996 |
| 9 | 1,63 | Claudia Galan Rodoreda (04) | Lleida | 23/06/2019 |
| 10 | 1,61 | Jordina Fernández (73) | | 1991 |
| | 1,61 | Mireia Chico Valverde (91) | Vic | 28/06/2008 |
| 12 | 1,60 | Berta Fontarnau (83) | Barcelona SR | 11/01/2003 |
| 13 | 1,58 | Soletat Pérez (63) | | 1980 |
| | 1,58 | Sarah Johanna Strauss (95) | Tarragona | 12/04/2014 |
| | 1,58 | Anna Cabrera Ruidor (01) | Marion (USA) | 24/05/2023 |
| 16 | 1,56 | Jennifer Lasierra (94) | Ampostà | 04/07/2010 |
| 17 | 1,55 | Noemí López (86) | Vic | 09/05/2004 |
| | 1,55 | Irene Tàpia Orrit (88) | L'Hospitalet | 30/04/2006 |
| | 1,55 | Laura Clemente Marti (94) | Sant Seastián | 27/10/2007 |
| | 1,55 | Maria Gavaldá Miracle (89) | Burgos | 20/05/2012 |
| | 1,55 | Ariadna Garcia Puigbó (99) | Serrahima | 30/04/2016 |
| 22 | 1,54 | Ariadna Aivar (87) | Barcelona SE | 03/05/2008 |
| 23 | 1,53 | Anna M. Montoliu (57) | | 1974 |
| | 1,53 | Mònica Clemente Marti (96) | Gavà | 29/05/2010 |

SALT AMB PERXA

| | | | | |
|----------|-------------|-----------------------------------|---------------|-------------------|
| 1 | 4,45 | Mònica Clemente Marti (96) | Getafe | 22/07/2018 |
| 2 | 4,11 | Laura Clemente Marti (94) | CAR St Cugat | 15/07/2017 |
| 3 | 3,88 | Nerea Perez Moltó (03) | Monzón | 04/07/2021 |
| 4 | 3,81 | Gemma Piquer (85) | Barcelona SR | 03/07/2001 |
| 5 | 3,60 | Natàlia García (86) | Saragossa | 03/07/2004 |
| 6 | 3,50 | Mireia Vila Fabregas (67) | | 1998 |
| 7 | 3,46 | Meritxell Lladó Martinez (02) | Castelló | 23/06/2019 |
| 8 | 3,40 | Laia Morató Gomez (92) | Motril | 21/06/2009 |

| | | | | |
|----|------|--------------------------------|---------------|------------|
| | 3,40 | Mar Arisó Gracia (00) | Lloret M. | 03/06/2017 |
| 10 | 3,35 | Sara Flores Talón (97) | Valladolid | 04/07/2015 |
| 11 | 3,30 | Ona Dalmau Clotet (08) | Manresa | 28/05/2023 |
| 12 | 3,25 | Judith Sellarés Altimira (00) | Hospitalet | 13/05/2017 |
| 13 | 3,05 | Celia Teixidor Castellano (03) | Palafrugell | 18/05/2019 |
| 14 | 3,00 | Raquel Gras Pedrera (96) | Manresa | 08/05/2022 |
| 15 | 2,90 | Laura Luján (79) | | 1997 |
| | 2,90 | Montserrat Prat Grau (66) | Barcelona PBN | 12/07/2015 |
| 17 | 2,80 | Cristina López (88) | Vic | 09/05/2004 |
| | 2,80 | Naomí Fachete (04) | Barcelona SE | 27/04/2019 |
| 19 | 2,75 | Diana Millán (83) | Vic | 08/06/2002 |
| 20 | 2,72 | Gisela Grifell Reguant (00) | Mataró | 26/05/2018 |
| 21 | 2,70 | Carla Manzano Fernández (05) | Ascó | 19/05/2018 |
| 22 | 2,65 | Elsa Liria Ruiz (99) | El Prat Ll. | 02/05/2015 |
| 23 | 2,60 | Julia Torrentó Serra (98) | Mollet V. | 26/05/2012 |
| | 2,60 | Merce Gamiz Pinyot (95) | Alcobendas | 16/05/2010 |
| | 2,60 | Anna Salido Pladevall (02) | Manresa | 03/06/2021 |
| | 2,60 | Carla Caus Font (05) | Manresa | 08/05/2022 |

SALT DE LLARGADA

| | | | | | |
|----------|------------|-------------|-----------------------------------|-----------------------|-------------------|
| 1 | 0,8 | 6,04 | Emilia del Hoyo Perez (96) | Hospitalet Ll. | 13/06/2015 |
| 2 | 0,9 | 5,79 | f Elda Romeva Riba (06) | Madrid VH | 11/06/2023 |
| 3 | 0,0 | 5,72 | Anna Cabrera Riudor (01) | Barcelona SE | 09/06/2021 |
| 4 | 1,7 | 5,68 | Ella Bestue Ferrera (97) | Tarragona | 09/06/2019 |
| 5 | 0,6 | 5,66 | Anna Circuns Guix (84) | Barcelona SE | 08/07/2015 |
| | 1,3 | 5,66 | Paula Raul Sala (96) | Andujar | 01/06/2019 |
| 7 | | 5,56 | Loles Vives (57) | | 1987 |
| 8 | 0,8 | 5,55 | Dèbora Calveras Barat (88) | Granollers | 14/06/2008 |
| | 0,9 | 5,55 | Julia Quevedo Subirats (97) | Sabadell | 17/04/2021 |
| 10 | | 5,49 | Marta Gallo Ruiz (02) | Santa Coloma de G. | 10/04/2022 |
| 11 | 0,2 | 5,48 | Berta Eslava Gil (04) | Cornellà | 08/05/2022 |
| 12 | 0,7 | 5,45 | Alba Casanovas Muntada (93) | Manresa | 11/10/2009 |
| | 1,4 | 5,45 | Anna Cabrera Riudor (01) | Barcelona SE | 19/06/2022 |
| 14 | 1,6 | 5,35 | Carla Rovira Obiols (08) | Sta. Coloma de G. | 10/06/2023 |
| 15 | | 5,34 | Montse Selga (55) | | 1973 |
| | 0,6 | 5,34 | Laura Clemente Marti (94) | Tres Cantos | 28/06/2014 |
| | 0,5 | 5,34 | Judith Devers Cantero (02) | Murcia | 01/07/2017 |
| 18 | 0,5 | 5,31 | Jennifer Lasierra Garcia (94) | El Prat Ll | 18/10/2009 |
| 19 | | 5,30 | Rosalía Lázaro (75) | | 2005 |
| 20 | 0,0 | 5,28 | Anna Feliu Catalan (99) | L'Hospitalet | 15/05/2016 |
| 21 | 1,2 | 5,22 | Anna Valdeolivas Martinez (94) | Cambrils | 07/06/2009 |
| 22 | | 5,21 | Montse Tubau (80) | | 1998 |
| 23 | | 5,17 | Berta Fontarnau (83) | Manresa | 04/05/2003 |
| 24 | | 5,16 | Carme Selga (53) | | 1969 |
| 25 | 1,0 | 5,15 | Mònica Clemente Marti (96) | Barcelona SE | 25/05/2014 |
| 26 | | 5,14 | Ester Busquets Esteban (60) | | 1985 |
| | | 5,14 | Alba Molera Vidal (88) | Madrid MOR | 15/06/2003 |
| | 2,0 | 5,14 | Celia Castilla Romeo (04) | Igualada | 26/09/2020 |

TRIPLE SALT

| | | | | | |
|-----------|------------|--------------|-----------------------------------|--------------------|------------|
| 1 | 0,9 | 12,95 | Dèbora Calveras Barat (88) | Palafrugell | 30/05/2009 |
| 2 | 2,0 | 12,67 | Nora Taher Martinez (98) | Sant Cugat del V. | 28/05/2021 |
| 3 | 1,6 | 12,56 | Emilia del Hoyo Perez (97) | Moscow (USA) | 11/05/2018 |
| 4 | 1,2 | 12,31 | Julia Quevedo Subirats (97) | Barcelona SR | 03/06/2018 |
| 5 | 1,7 | 11,85 | Ella Bestue Ferrera (97) | Valladolid | 15/05/2021 |
| 6 | | 11,68 | Anna Circuns Guix (84) | Barcelona SR | 13/05/2001 |
| 7 | 1,2 | 11,53 | Mónica Clemente Marti (96) | Sabadell | 18/05/2014 |
| 8 | 0,9 | 11,32 | Irati Larrañaga Matxain (93) | Barcelona SR | 05/05/2013 |
| 9 | | 11,23 | Laura Clemente Marti (94) | Igualada | 01/06/2013 |
| | -0,5 | 11,23 | Jennifer Lasierra Garcia (94) | Castellar del V. | 05/06/2010 |
| 11 | 0,7 | 11,19 | Anna Feliu Catalán (99) | Alcorcón | 21/05/2016 |
| 12 | 0,0 | 11,18 | Rut Tristany Nogues (04) | Lleida | 23/06/2019 |
| 13 | | 11,17 | Sandra Olivé (75) | | 1995 |
| 14 | 1,7 | 11,11 | Celia Castilla Romeo (04) | Barcelona SE | 09/05/2021 |
| 15 | 0,6 | 11,04 | Berta Eslava Gil (04) | Barcelona SE | 15/04/2023 |
| 16 | 0,0 | 10,90 | Alba Casanovas Muntada (88) | Collado Villalba | 08/06/2008 |
| 17 | 1,0 | 10,87 | Jenay Hernandez Bovet (07) | Barcelona SE | 26/06/2022 |
| 18 | | 10,84 | Olga Borao Soler (80) | Madrid MOR | 21/05/2006 |
| 19 | 2,0 | 10,76 | Claudia Galán Rodoreda (04) | Barcelona SR | 28/04/2018 |
| 20 | -0,6 | 10,73 | Martina Monso Prat (04) | Cornellà | 08/05/2022 |
| 21 | | 10,71 | Montserrat Tubau (80) | | 1999 |
| 22 | | 10,70 | M. Alba Martí Pla (64) | | 1991 |
| 23 | 1,5 | 10,67 | Anna Valdeolivas Martinez (94) | Tarragona | 11/10/2008 |
| 24 | 0,0 | 10,64 | Meritxell Pujol Ferrer (00) | Lleida | 09/04/2017 |
| 25 | | 10,63 | Alba Molera Vidal (88) | Barcelona SR | 11/06/2003 |

LLANÇAMENT DE PES (4 kg)

| | | | | |
|----------|--------------|------------------------------------|---------------------|------------|
| 1 | 14,32 | Ainhoa Martinez Agulla (95) | Barcelona SR | 28/04/2018 |
| 2 | 12,33 | Lourdes Rossinyol(58) | | 1986 |
| 3 | 12,21 | Montserrat Montañés Arbó (01) | Barcelona SE | 19/06/2022 |
| 4 | 11,75 | Emilia del Hoyo Perez (97) | Sacramento (USA) | 30/03/2019 |
| 5 | 11,57 | Maria Velázquez (80) | | 1998 |
| 6 | 11,21 | Gemma Vilajosana (76) | | 1994 |
| 7 | 11,20 | Anna Circuns Guix (84) | Valladolid | 21/05/2006 |
| 8 | 10,89 | Anna Cabrera Riudor (01) | Marion (USA) | 24/05/2023 |
| 9 | 10,81 | Eva Carmona Liria (85) | Madrid MOR | 15/06/2003 |
| 10 | 10,75 | Maria Montañés Arbo (95) | Lloret Mar | 20/06/2015 |
| 11 | 10,42 | Nuria Perez (73) | Igualada | 24/06/2008 |
| 12 | 10,15 | Berta Fontarnau (93) | Barcelona SR | 10/05/2003 |
| | 10,15 | Natàlia García (86) | Vic | 09/05/2004 |
| 14 | 10,05 | Sònia Martínez Roura (73) | | 1993 |
| 15 | 9,86 | Anna Crespo (71) | | 1990 |
| 16 | 9,75 | Anna Tapia (88) | Manresa | 25/04/2010 |
| 17 | 9,73 | Mar Santanach (06) | Manresa | 05/05/2022 |

| | | | | |
|----|------|-----------------------------|----------------|------------|
| 18 | 9,60 | Laia Serra (79) | | 1999 |
| | 9,60 | Ariadna Aivar (87) | Barcelona SE | 03/05/2008 |
| 20 | 9,51 | Alba Casanovas Muntada (94) | Castellar el V | 02/07/2011 |
| 21 | 9,48 | Rosa Díaz (63) | | 1980 |
| 22 | 9,45 | Nadia Riera (05) | Manresa | 05/05/2022 |
| 23 | 9,36 | Ester Souto (69) | | 1986 |
| | 9,36 | Laura Costa Serra (96) | Barcelona SR | 03/05/2014 |
| 25 | 9,29 | Montserrat Tubau (80) | | 21/06/1905 |

LLANÇAMENT DE DISC (1KG)

| | | | | |
|----------|--------------|------------------------------------|---------------------|------------|
| 1 | 43,11 | Ainhoa Martinez Agulla (95) | Castelló MGH | 29/04/2017 |
| 2 | 39,99 | Alba Estevez Martinez (86) | Mataró | 05/06/2011 |
| 3 | 39,48 | Círia Clotet (69) | | 1985 |
| 4 | 39,39 | Montserrat Montañes Arbó (01) | Palafrugell | 17/06/2023 |
| 5 | 38,45 | Maria Montañes Arbo (95) | Rolla (USA) | 23/04/2017 |
| 6 | 36,46 | Maria Velázquez (80) | | 1999 |
| 7 | 34,80 | Lourdes Rossinyol (58) | | 1984 |
| 8 | 33,69 | Berta Fontarnau (83) | Barcelona | 25/06/2003 |
| 9 | 33,42 | Ester Souto (69) | | 1987 |
| | 32,64 | Aina Soler Verdaguer (05) | Valladolid | 15/05/2021 |
| 10 | 31,82 | Eliana Font (74) | | 1997 |
| 11 | 31,27 | Núria Pierola Laimon (82) | | 2000 |
| 12 | 30,75 | Marta de la Rosa Mudarra (91) | Baecelona SE | 18/02/2007 |
| 13 | 30,59 | Laura Costa Serra (96) | Barcelona SR | 09/05/2015 |
| 14 | 30,40 | Anna Crespo (71) | | 1989 |
| 15 | 30,20 | Gemma Vilajosana (76) | | 1995 |
| 16 | 29,50 | Rosa Díaz (63) | | 1979 |
| 17 | 29,38 | Eva Jorba (67) | | 1984 |
| 18 | 29,11 | Blanca Garcia Garcia (93) | Fuenlabrada | 26/04/2017 |
| 19 | 28,11 | Emma Torres (04) | Barcelona SE | 15/02/2020 |
| 20 | 27,94 | Anna Serch (77) | | 1994 |
| 21 | 26,44 | Nereida Pujol (77) | | 1992 |
| 22 | 26,42 | Anna Cabrera Riudor (01) | Manresa | 13/04/2019 |
| 23 | 26,33 | Maria Helena Rovira (88) | Sabadell | 05/04/2008 |
| 24 | 25,95 | Mar Santanach Pintó (06) | Madrid VH | 11/06/2023 |
| 25 | 25,76 | Montse Selga (55) | | 1982 |

LLANÇAMENT DE JAVELINA (600 gr) model 1999

| | | | | |
|----------|--------------|-----------------------------------|---------------------|-------------------|
| 1 | 48,42 | Erica Sellart Bordes | Barcelona SE | 07/06/2023 |
| 2 | 43,84 | Blanca Garcia Garcia (93) | Coslada | 06/06/2018 |
| 3 | 41,64 | Gemma Brisa Ramirez (88) | Barcelona SE | 17/02/2019 |
| 4 | 40,01 | Judith Sellarés Altimira (00) | Barcelona SR | 02/06/2018 |
| 5 | 39,00 | Sophia Beatrix Girona Turner (88) | Coslada | 02/06/2021 |
| 6 | 38,34 | Alba Molera Vidal (88) | Barcelona SR | 14/05/2005 |
| 7 | 38,08 | Monica Clemente Marti (96) | Santa Coloma de G. | 10/04/2022 |
| 8 | 38,02 | Anna Cabrera Riudor (01) | La Nucia | 11/06/2022 |

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|----|-------|-------------------------------|--------------------|------------|
| 9 | 37,95 | Sònia Martínez Roura (73) | Vic | 20/07/2003 |
| 10 | 37,30 | Núria Pierola Laimon (82) | | 2000 |
| 11 | 35,80 | Anna Circuns Guix (84) | Cartagena | 18/07/2004 |
| 12 | 35,10 | Emilia del Hoyo Perez (97) | Davis (USA) | 26/04/2019 |
| 13 | 34,63 | Aisha Mohamed-Mariche (04) | Barcelona SE | 18/03/2023 |
| 14 | 33,68 | Judith Sellarés Altimira (00) | Castelló MGH | 29/04/2017 |
| 15 | 30,20 | Berta Fontarnau (83) | Barcelona SR | 11/05/2003 |
| 16 | 28,62 | Eulalia Raich Busquets (94) | Mataró | 22/05/2011 |
| 17 | 28,20 | Blanca Rovira Miro (85) | L'Hospitalet | 30/04/2006 |
| 18 | 27,97 | Guinedell Faja Sanjaume (06) | Santa Coloma de G. | 10/04/2022 |
| 19 | 27,44 | Sarah Johanna Strauss (95) | Sabadell | 18/05/2014 |
| 20 | 27,27 | Alba Casanovas Muntada (93) | Barbera Valles | 04/04/2009 |
| 21 | 27,08 | Carme Bes Fuster (69) | Burgos | 20/05/2012 |
| 22 | 26,96 | Mireia Chico Valverde (91) | Alcorcón | 08/06/2014 |
| 23 | 24,32 | Alba Yerro (84) | Vic | 19/05/2002 |
| 24 | 24,09 | Clara Gomez (01) | Ampostà | 22/04/2017 |
| 25 | 22,73 | Maria Tuneu Cerarols (95) | Vic | 28/03/2015 |

LLANÇAMENT DE JAVELINA (600 gr) model anterior a 1999

| | | | | |
|----|-------|-----------------------------|--|------|
| 1 | 42,78 | Sònia Martínez Roura (73) | | 1994 |
| 2 | 33,94 | Alba Casellas (71) | | 1988 |
| 3 | 32,36 | Alba Puertas Carbonell (68) | | 1994 |
| 4 | 32,32 | Lourdes Rossinyol (58) | | 1973 |
| 5 | 30,40 | Marta Serra (61) | | 1986 |
| 6 | 30,12 | Ester Souto (69) | | 1987 |
| 7 | 29,54 | Lídia Prat (64) | | 1980 |
| 8 | 29,18 | Montse Selga (55) | | 1981 |
| 9 | 28,94 | Anna Crespo (71) | | 1987 |
| 10 | 27,84 | M. Alba Martí Pla (64) | | 1986 |
| 11 | 27,34 | Ester Busquets Esteban (60) | | 1983 |
| 12 | 26,58 | Círia Clotet (69) | | 1984 |
| 13 | 26,28 | Ramona Peña (51) | | 1970 |
| 14 | 26,22 | Mònica Bernadich (73) | | 1990 |
| 15 | 25,68 | Paquita Martín (59) | | 1974 |
| | 25,68 | Maria Velázquez (80) | | 1998 |
| 17 | 24,36 | Montse Peláez (50) | | 1968 |
| 18 | 24,20 | Montse Rojas (56) | | 1972 |

LLANÇAMENT DE MARTELL (4 kg)

| | | | | |
|----------|--------------|--------------------------------------|------------------|-------------------|
| 1 | 58,56 | Montserrat Montañés Arbó (01) | Tarragona | 02/07/2023 |
| 2 | 53,59 | Maria Rosario Torres (92) | Hospitalet | 13/06/2015 |
| 3 | 50,21 | Mar Santanach Pintó (06) | Manresa | 06/05/2023 |
| 4 | 49,53 | Ariadna Aivar Oliveras (87) | Manresa | 18/05/2008 |
| 5 | 47,86 | Irene Mateo Tomasa (05) | Manresa | 28/05/2023 |
| 6 | 45,28 | Montserrat Morató (81) | Igualada | 30/06/2002 |

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|-----------|--------------|-------------------------------|------------------|------------|
| 7 | 41,60 | Coral Montes Lopez (03) | Valladolid | 15/05/2021 |
| 8 | 41,33 | Mercè Riera Sato (97) | Cornellà Ll. | 07/05/2017 |
| 9 | 41,23 | Judith Sellarés Altimira (00) | Alcorcón | 21/05/2016 |
| 10 | 40,55 | Sandra García (80) | | 1998 |
| 11 | 38,29 | Mercè Riera Sato (97) | Burgos | 08/06/2013 |
| 12 | 37,50 | Judith Martinez Isart (91) | Tarragona | 09/06/2019 |
| 13 | 36,42 | Maria Velázquez (80) | | 1999 |
| 14 | 35,24 | Laia Serra (79) | L'Hospitalet | 21/04/2001 |
| 15 | 33,84 | Maria Montañés Arbó (95) | Fayette (USA) | 18/03/2017 |
| 16 | 32,92 | Laura Gallardo Llorens (91) | Calella | 30/06/2007 |
| 17 | 32,48 | Ainhoa Martinez Agulla (95) | Gandia | 07/07/2021 |
| 18 | 27,76 | Azucena González (81) | | 1996 |
| 19 | 27,74 | Eulalia Raich Busquets (94) | L'Hospitalet Ll. | 29/04/2012 |
| 20 | 25,25 | Núria Pierola Laimon (82) | | 2000 |
| 21 | 25,11 | Mar Santanach (06) | Tarragona | 03/04/2022 |
| 22 | 23,40 | Anais Vila (88) | Igualada | 26/08/2007 |
| 23 | 23,07 | Claudia Del Paso (95) | Terrassa | 14/05/2011 |
| 24 | 21,64 | Paula Raul Sala (96) | Barcelona SR | 06/06/2015 |
| 25 | 21,44 | Maria Tuneu Cerarols (95) | Manresa | 18/04/2015 |

HEPTATLÓ

| | | | | |
|----------|--------------|-----------------------------------|---------------------|------------|
| 1 | 5161p | Emilia del Hoyo Perez (97) | Cartagena | 03/05/2015 |
| 2 | 4858p | Anna Circuns Guix (84) | Castelló | 14/07/2002 |
| 3 | 4699p | Anna Cabrera Riudor (01) | Daytona Beach (USA) | 31/03/2023 |
| 4 | 4293p | Berta Fontarnau (83) | Barcelona SR | 11/05/2003 |
| 5 | 4269p | Ariadna Aivar (87) | Barcelona SE | 04/05/2008 |
| 6 | 4223p | Mònica Clemente Marti (96) | Barcelona SR | 25/05/2014 |
| 7 | 3780p | Laura Clemente (94) | Barcelona SE | 26/05/2013 |
| 8 | 3671p | Montse Selga (55) | | 1985 |
| 9 | 3184p | Jordina Fernández (73) | | 1990 |
| 10 | 3037p | Mireia Vila Fabregas (67) | | 1986 |
| 11 | 3008p | Marta Serra (61) | | 1986 |
| 12 | 2966p | Sandra Olivé (75) | | 1994 |
| 13 | 2940p | Sònia Martínez Roura (73) | | 1994 |
| 14 | 2794p | Alba Puertas Carbonell (68) | | 1994 |
| 15 | 2777p | Eulàlia Torrecasana (71) | Manresa | 28/10/2001 |
| 16 | 2476p | Sílvia Leal Auge (76) | | 1993 |
| 17 | 2412p | M. Alba Martí Pla (64) | | 1986 |
| 18 | 2088p | Cristina Flores (76) | | 1993 |
| 19 | 2040p | Cèlia Jimeno (75) | | 1993 |
| 20 | 1850p | Gemma Vilajosana (76) | | 1993 |
| 21 | 1614p | Núria Pierola Laimon (82) | Manresa | 28/10/2001 |

f atletes filials

Qualsevol observació, correcció o dada errònia podeu comunicar-la i/o dirigir-la al responsable de Rànquing del CAM (Carles Peig) Correu electrònic: cp.vet@hotmail.com